

## 2012 Women's Performance List

6-19-12

## 2012 Personal Bests

Athlete	Mark	Wind	Meet	Date
<b>100-Meters:</b>				
1. Mara Weekes	11.57*	+1.8	Nebraska Invitational	5/5
2. Breunna McCarty	12.02	+1.7	Arkansas Spring Invite	3/31
3. Greta Kerekes	12.19	+1.1	Sun Angel Classic	4/7
<b>200-Meters:</b>				
1. Mara Weekes	23.66*p	+0.7	Big Ten Championships	5/12
2. Monique Lewis	24.71*	+1.2	Nebraska Mini Meet	4/25
3. Breunna McCarty	25.67	+0.1	Sun Angel Classic	4/7
4. Anne Martin	25.85	+1.2	Nebraska Invitational	5/5
5. Jordan Stiens	25.91	+0.3	Big Ten Championships	5/11
<b>Wind-Aided</b>				
1. Jordan Stiens	25.86*	+2.4	Nebraska Invitational	5/5
2. Greta Kerekes	26.08	+2.1	Arkansas Spring Invite	3/31
3. Kara Mostoller	26.70*	+2.1	Arkansas Spring Invite	3/31
<b>400-Meters:</b>				
1. Jelena Andjelkovic	56.76*	--	Nebraska Invitational	5/5
2. Monique Lewis	57.02	--	Nebraska Invitational	5/5
3. Mara Weekes	57.60	--	K.T. Woodman Classic	4/14
4. Anna Minnick	1:00.02	--	Nebraska Invitational	5/5
5. Rachel Butler	1:00.15*	--	K.T. Woodman Classic	4/14
6. Ellen Dougherty	1:00.60	--	K.T. Woodman Classic	4/14
<b>800-Meters:</b>				
1. Ashley Miller	2:03.33*	--	Sun Angel Classic	4/7
2. Blaire Dinsdale	2:06.87*	--	Nebraska Invitational	5/5
3. Erica Hamik	2:08.35*p	--	Big Ten Championships	5/12
4. Brooke Dinsdale	2:09.20	--	Nebraska Invitational	5/5
5. Ellen Dougherty	2:10.09	--	Nebraska Invitational	5/5
6. Ellie Grooters	2:13.16*	--	Kansas Relays	4/20
7. Jessica Furlan	2:13.43*	--	Long Beach Invite	4/21
8. Jelena Andjelkovic	2:14.30	--	Kansas Relays	4/20
9. Jordan Stiens	2:20.67*	--	Big Ten Championships	5/12
10. Anna Minnick	2:23.47	--	Nebraska Mini Meet	4/25
11. Sarah Plambeck	2:23.85	--	K.T. Woodman Classic	4/14
12. Anne Martin	2:26.04	--	Mt. SAC Relays	4/19
13. Suzanne Higgins	2:26.56	--	Kansas Relays	4/20
<b>1,500-Meters:</b>				
1. Ashley Miller	4:12.69*	--	American Miller's Club Series	6/7
2. Blaire Dinsdale	4:32.21*	--	Arkansas Spring Invite	3/31
3. Katie White	4:35.52*	--	Nebraska Invitational	5/5
4. Jessica Furlan	4:41.10	--	Drake Relays	4/28
5. Erica Hamik	4:41.61	--	Arkansas Spring Invite	3/31
6. Sarah Plambeck	4:41.67*	--	Nebraska Invitational	5/5
7. Jelena Andjelkovic	4:47.10*	--	Arkansas Spring Invite	3/31
8. Brooke Dinsdale	4:51.61	--	Arkansas Spring Invite	3/31
9. Sarah Larson	4:53.52*	--	Nebraska Invitational	5/5
10. Ellen Dougherty	4:55.40*p	--	Big Ten Championships	5/12
<b>3,000-Meters:</b>				
1. Katie White	9:59.51*	--	Arkansas Spring Invite	3/31
2. Isabel Andrade	10:25.54*	--	Arkansas Spring Invite	3/31
3. Sarah Plambeck	10:32.13*	--	Kansas Relays	4/19
4. Sarah Larson	10:54.76*	--	Arkansas Spring Invite	3/31

## All-Time Outdoor Personal Best

Mark	Date
Same	5/5/12
11.90	5/18/11
11.99	5/29/10
Same	5/12/12
Same	4/25/12
25.61	5/4/11
24.90	5/8/08
25.86w	5/5/12
Same	5/5/12
25.31	5/23/10
Same	3/31/12
Same	5/5/12
55.55	5/21/09
53.49	5/15/11
55.55	5/21/09
Same	4/14/12
55.41	6/21/09
Same	4/7/12
Same	5/5/12
Same	5/12/12
2:07.36	5/7/11
2:08.94	6/28/09
Same	4/20/12
Same	4/21/12
2:08.95	7/7/09
Same	5/12/12
2:23.03i	1/21/12
2:16.53	5/23/09
2:23.26i	2/24/12
2:12.39A	5/1/11
Same	6/7/12
Same	3/31/12
Same	5/5/12
4:32.93	4/11/09
4:33.10	3/26/10
Same	5/5/12
Same	3/31/12
4:33.50	3/26/10
Same	5/5/12
Same	5/12/12
Same	3/31/12
Same	3/31/12
Same	4/19/12
Same	3/31/12

## Key

\* = personal best

p = prelims

i = indoors

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A = altitude

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### 2012 Personal Bests

Athlete	Mark	Wind	Meet	Date
<b>5,000-Meters:</b>				
1. Ashley Miller	16:39.07*	--	Big Ten Championships	5/13
2. Katie White	17:01.19	--	Sun Angel Classic	4/7
3. Isabel Andrade	17:45.29	--	Sun Angel Classic	4/7
4. Sarah Larson	18:15.37*	--	K.T. Woodman Classic	4/14
5. Jessica Wright	18:41.29*	--	Nebraska Invitational	5/5
<b>10,000-Meters:</b>				
1. Katie White	34:54.78*	--	Mt. SAC Relays	4/19
2. Isabel Andrade	37:47.98*	--	Big Ten Championships	5/11
3. Sarah Larson	38:17.01*	--	Kansas Relays	4/19
4. Jessica Wright	41:05.75*	--	Kansas Relays	4/19
<b>100-Meter Hurdles:</b>				
1. Mila Andric	13.69p	+0.2	Big Ten Championships	5/12
2. Greta Kerekes	13.93	+0.3	Arkansas Spring Invite	3/31
3. Jordan Stiens	14.22p	+0.4	Big Ten Championships	5/12
4. Anne Martin	15.25*	-1.5	Arkansas Spring Invite	3/31
<b>Wind-Aided</b>				
1. Mila Andric	13.52*	+4.0	NCAA West Regional	4/25
2. Jordan Stiens	14.15	+3.0	Big Ten Championships	4/11
<b>400-Meter Hurdles:</b>				
1. Mila Andric	59.19	--	Nebraska Invitational	5/5
2. Ellie Grooters	59.45*p	--	Big Ten Championships	5/12
3. Rachel Butler	1:01.90*	--	Arkansas Spring Invite	3/31
<b>3,000 Meter Steeplechase:</b>				
1. Jessica Furlan	10:03.70*	--	American Miler's Club Series	6/13
<b>4x100-Meter Relay:</b>				
1. McCarty, Weekes, Kerekes, Lewis	46.12p	--	Big Ten Championships	5/12
<b>4x400-Meter Relay:</b>				
1. Andric, Weekes, Butler, Grooters	3:41.15	--	Drake Relays	4/27
<b>4x800-Meter Relay:</b>				
1. Bl Dinsdale, Br Dinsdale, Dougherty, Miller	8:39.33	--	Drake Relays	4/27
<b>Distance Medley Relay:</b>				
1. Furlan, Grooters, Hamik, Miller	11:19.37*	--	Drake Relays	4/27
<b>High Jump:</b>				
1. Marusa Cernjul	6-0 (1.83)*	--	Big Ten Championships	5/13
2. Jillanna Scanlan	5-8 1/2 (1.74)*	--	Big Ten Championships	5/13
3. Anne Martin	5-5 3/4 (1.67)	--	Mt. SAC Relays	4/19
4. Jordan Stiens	5-3 1/4 (1.61)*	--	Big Ten Championships	5/11
<b>Pole Vault:</b>				
1. Breanna Bussel	13-7 1/4 (4.15)	--	K.T. Woodman Classic	4/14
2. Cami Jiskra	13-3 (4.04)	--	Nebraska Mini Meet	4/25

### All-Time Outdoor Personal Best

Mark	Date
Same	5/13/12
16:59.89i	1/21/12
17:37.85io	2/10/12
Same	4/14/12
Same	5/5/12
Same	4/19/12
Same	5/11/12
Same	4/19/12
Same	4/19/12
13.65w	4/21/12
13.76	7/9/11
14.10	6/8/10
Same	3/31/12
Same	4/25/12
14.10	6/8/10
59.04	5/28/11
Same	5/12/12
Same	3/31/12
Same	6/13/12
43.33	6/4/83
3:29.61	6/6/02
8:36.61	4/25/81
Same	4/27/12
Same	5/13/12
Same	5/13/12
5-7 3/4 (1.72)	5/22/08
Same	5/11/12
13-10 1/2 (4.23)i	2/24/12
13-5 1/4 (4.10)	4/20/11
13-2 1/2 (4.03)i	2/24/12

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3. Maggie Maher 13-0 3/4 (3.98) -- Big Ten Championships 5/13

### 2012 Personal Bests

Athlete	Mark	Wind	Meet	Date
4. Lauren Welch	11-11 3/4 (3.65)	--	K.T. Woodman Classic	4/14

### All-Time Outdoor Personal Best

Mark	Date
12-7 1/2 (3.85)i	1/21/11

### Long Jump:

1. Mara Griva	20-8 (6.30)	-0.6	Nebraska Invitational	5/5	21-7 1/2 (6.59)	7/17/11
2. Kara Mostoller	19-1 1/4 (5.82)	+1.1	Nebraska Mini Meet	4/25	19-1 1/2 (5.83)i	2/24/12
3. Anne Martin	18-3 3/4 (5.58)	+0.7	Nebraska Invitational	5/5	18-11 3/4 (5.78)	5/14/09
4. Anna Weigandt	18-2 1/4 (5.54)	+1.2	Arkansas Spring Invite	3/31	18-7 1/7 (5.67)	5/1/11
5. Jordan Stiens	17-9 3/4 (5.43)	+0.7	Big Ten Championships	5/12	18-9 1/4 (5.72)	5/30/09

### Wind-Aided

1. Mara Griva	21-2 1/2 (6.46)	+4.2	NCAA West Regional	5/24	21-7 1/2 (6.59)	7/17/11
2. Kara Mostoller	19-1 1/2 (5.83)*	+2.6	Kansas Relays	4/21	Same	4/21/12
3. Jordan Stiens	18-10 3/4 (5.76)	+2.6	Nebraska Mini Meet	4/25	18-9 1/4 (5.72)	5/30/09
4. Ellie Ewere	18-5 1/4 (5.62)	+4.3	K.T. Woodman Classic	4/14	18-7	

### Triple Jump:

1. Anna Weigandt	42-9 1/2 (13.04)*	+1.3	Drake Relays	4/28	Same	4/28/12
2. Mara Griva	42-5 1/2 (12.94)	+1.6	Drake Relays	4/28	45-3 3/4 (13.81)	5/15/11
3. Ellie Ewere	41-8 3/4 (12.72)*	+1.0	Big Ten Championships	5/13	Same	5/13/12
4. Rachel Butler	39-10 3/4 (12.16)	-2.8	Arkansas Spring Invite	3/31	40-10 1/2 (12.45)	

### Wind-Aided

1. Mara Griva	43-7 3/4 (13.30)	+3.3	NCAA West Regional	5/26	45-3 3/4 (13.81)	5/15/11
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### Shot Put:

1. Veronica Grizzle	53-5 3/4 (16.30)*	--	Sun Angel Classic	4/7	Same	4/7/12
2. Annie Jackson	52-2 (15.90)	--	NCAA West Regional	5/24	52-2 1/2 (15.96)	5/14/11
3. Carlie Pinkelman	52-1 3/4 (15.89)*	--	Nebraska Invitational	5/5	Same	5/5/12
4. Jordan Stiens	39-9 1/4 (12.12)	--	Nebraska Invitational	5/5	40-00 3/4 (12.21)i	1/14/12
5. Anne Martin	33-9 1/4 (10.29)	--	Nebraska Invitational	5/5	36-1 1/2 (11.01)i	2/3/12

### Discus:

1. Morgan Wilken	183-07 (55.95)*	--	Drake Relays	4/27	Same	4/27/12
2. Annie Jackson	152-00 (46.33)*	--	K.T. Woodman Classic	4/14	Same	4/14/12
3. Carlie Pinkelman	145-00 (44.21)*	--	Sun Angel Classic	4/7	Same	4/7/12

### Hammer Throw:

1. Jade Siegel	199-6 (60.81)*	--	Big Ten Championships	5/11	Same	5/11/12
2. Victoria Zimmerman	199-2 (60.72)*	--	Big Ten Championships	5/11	Same	5/11/12
3. Mary Morales	172-11 (52.70)*	--	Kansas Relays	4/19	Same	4/19/12
4. Carlie Pinkelman	171-09 (52.34)*	--	Nebraska Mini Meet	4/25	Same	4/25/12

### Javelin Throw:

1. Veronica Grizzle	135-4 (41.25)	--	Arkansas Spring Invite	3/31	137-6 1/4 (41.92)	4/17/10
2. Mara Griva	133-7 (40.73)	--	Nebraska Invitational	5/5	136-4 (41.55)	5/5/12
3. Anne Martin	132-0 (40.24)	--	Big Ten Championships	5/13	133-5 (40.66)	5/14/11
4. Jordan Stiens	117-11 (35.94)*	--	Mt. SAC Relays	4/18	Same	4/18/12
5. Jordan Funk	114-11 (35.02)*	--	Nebraska Invitational	5/5	Same	5/5/12

### Hepthathlon:

1. Jordan Stiens	5,216*	--	Big Ten Championships	5/11-12	Same	5/11-12/12
2. Anne Martin	5,040	--	Mt. SAC Relays	4/18-19	5,167	5/13-14/11

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