

## 2013 Women's Outdoor Performance List

## 2013 Personal Bests

| Athlete               | Mark      | Wind | Meet                    | Date |
|-----------------------|-----------|------|-------------------------|------|
| <b>100-Meters:</b>    |           |      |                         |      |
| 1. Mara Weekes        | 11.66     | +1.1 | Nebraska Invite         | 5/5  |
| 2. Breunna McCarty    | 12.13     | +1.1 | Nebraska Invite         | 5/5  |
| 3. Greta Kerekes      | 12.65     | +0.0 | Crimson Tide Invite     | 4/6  |
| <b>Wind-Aided</b>     |           |      |                         |      |
| 1. Breunna McCarty    | 12.05     | +2.6 | Razorback Spring Invite | 3/30 |
| <b>200-Meters:</b>    |           |      |                         |      |
| 1. Mara Weekes        | 23.97     | +1.1 | Razorback Spring Invite | 3/30 |
| 2. Kari Heck          | 24.63*    | +1.9 | Nebraska Quad           | 4/13 |
| 3. Lexie Oak          | 24.96*    | +1.4 | Pre-Drake Meet          | 4/24 |
| 4. Breunna McCarty    | 25.02*    | +0.8 | Razorback Spring Invite | 3/30 |
| 5. Mila Andric        | 25.04     | +1.9 | Nebraska Quad           | 4/13 |
| 6. Anne Martin        | 25.20     | +1.3 | NCAA Championships      | 6/6  |
| 7. Mara Griva         | 25.41*    | +1.9 | Nebraska Quad           | 4/13 |
| 8. Jourdan Doffeny    | 25.46     | +1.4 | Big Ten Championships   | 5/10 |
| 9. Jordan Stiens      | 26.24     | -1.0 | Mt. SAC Relays          | 4/17 |
| 10. Kara Mostoller    | 26.97     | -0.3 | Crimson Tide Invite     | 4/6  |
| 11. Maggie Maglone    | 27.52     | +1.9 | Kansas Relays           | 4/18 |
| <b>Wind-Aided</b>     |           |      |                         |      |
| 1. Jourdan Doffeny    | 25.59     | +2.7 | Razorback Spring Invite | 3/30 |
| 2. Greta Kerekes      | 26.12     | +2.8 | Razorback Spring Invite | 3/30 |
| 3. Jordan Stiens      | 26.05     | +2.3 | Big Ten Championships   | 5/10 |
| <b>400-Meters:</b>    |           |      |                         |      |
| 1. Shawnice Williams  | 56.39     | --   | Nebraska Quad           | 4/13 |
| 2. Lexie Oak          | 56.44     | --   | Nebraska Invite         | 5/5  |
| 3. Morgan Woitzel     | 57.32     | --   | Nebraska Invite         | 5/5  |
| 4. Jelena Andjelkovic | 58.16     | --   | Nebraska Quad           | 4/13 |
| <b>800-Meters:</b>    |           |      |                         |      |
| 1. Shawnice Williams  | 2:05.26*  | --   | NCAA West Prelims       | 5/25 |
| 2. Jelena Andjelkovic | 2:11.08   | --   | Crimson Tide Invite     | 4/6  |
| 3. Morgan Woitzel     | 2:14.56   | --   | Crimson Tide Invite     | 4/6  |
| 4. Anna Minnick       | 2:17.66*  | --   | Nebraska Quad           | 4/13 |
| 5. Anne Martin        | 2:19.23   | --   | NCAA Championships      | 6/7  |
| 6. Sarah Plambeck     | 2:23.05   | --   | Nebraska Quad           | 4/13 |
| 7. Jordan Stiens      | 2:24.29   | --   | Big Ten Championships   | 5/11 |
| 8. Maggie Malone      | 2:34.82   | --   | Kansas Relays           | 4/18 |
| 9. Jourdan Doffeny    | 2:35.10   | --   | Kansas Relays           | 4/18 |
| <b>1,500-Meters:</b>  |           |      |                         |      |
| 1. Jessica Furlan     | 4:15.17*  | --   | Drake Relays            | 4/27 |
| 2. Sarah Plambeck     | 4:38.87*  | --   | Crimson Tide Invite     | 4/6  |
| 3. Katie White        | 4:40.86   | --   | Crimson Tide Invite     | 4/6  |
| <b>3,000-Meters:</b>  |           |      |                         |      |
| 1. Isabel Andrade     | 10:36.66  | --   | Nebraska Quad           | 4/13 |
| 2. Hannah Edwards     | 10:41.98* | --   | Nebraska Quad           | 4/13 |
| <b>5,000-Meters:</b>  |           |      |                         |      |
| 1. Hannah Edwards     | 18:40.41* | --   | Nebraska Invite         | 5/5  |
| <b>10,000-Meters:</b> |           |      |                         |      |
| 1. Isabel Andrade     | 37:52.91  | --   | Kansas Relays           | 4/18 |
| 2. Hannah Edwards     | 39:32.61* | --   | Kansas Relays           | 4/18 |

## All-Time Personal Best

| Mark     | Date    |
|----------|---------|
| 11.57    | 5/5/12  |
| 11.90    | 5/18/11 |
| 11.99    | 5/29/10 |
| 11.90    | 5/18/11 |
| 23.66    | 5/12/12 |
| Same     | 4/13/13 |
| Same     | 4/24/13 |
| Same     | 3/30/13 |
| 24.53    | 5/7/11  |
| 24.90    | 5/8/08  |
| Same     | 4/13/13 |
| 24.71    | 5/3/11  |
| 25.86w   | 5/5/12  |
| 26.70w   | 3/31/12 |
| 26.48    | 5/19/12 |
| 24.71    | 5/3/11  |
| 25.31    | 5/23/10 |
| 25.86    | 5/5/12  |
| 55.33    | 5/7/12  |
| 56.24    | 5/29/10 |
| 55.75    | 5/23/09 |
| 55.55    | 5/25/11 |
| Same     | 5/24/13 |
| 2:07.18  | 5/22/11 |
| 2:14.16  | 6/12/10 |
| Same     | 3/30/13 |
| Same     | 6/7/13  |
| 2:16.53  | 5/23/09 |
| 2:20.67  | 5/12/12 |
| 2:30.15i | 2/2/13  |
| 2:18.33  | 5/3/10  |
| Same     | 4/27/13 |
| Same     | 4/6/13  |
| 4:35.52  | 5/5/12  |
| 10:25.54 | 3/31/12 |
| Same     | 4/13/13 |
| Same     | 5/5/13  |
| 37:47.98 | 5/11/12 |
| Same     | 4/18/13 |

Key

\* = personal best

p = prelims

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A = altitude

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## 2013 Personal Bests

| Athlete                                  | Mark                   | Wind | Meet                    | Date |
|--|------------------------|------|-------------------------|------|
| <b>100-Meter Hurdles:</b>                |                        |      |                         |      |
| 1. Jordan Stiens                         | 14.11                  | +1.8 | Big Ten Championships   | 5/10 |
| 2. Greta Kerekes                         | 14.16                  | +0.1 | Crimson Tide Invite     | 4/6  |
| 3. Mila Andric                           | 14.19p                 | -0.1 | Big Ten Championships   | 5/11 |
| 4. Anne Martin                           | 14.43*                 | -1.3 | Mt. SAC Relays          | 4/17 |
| 5. Jourdan Doffeny                       | 14.53                  | -1.2 | Nebraska Quad           | 4/13 |
| 6. Maggie Malone                         | 17.72*                 | -1.6 | Nebraska Quad           | 4/13 |
| <b>Wind-Aided</b>                        |                        |      |                         |      |
| 1. Jourdan Doffeny                       | 14.06*                 | +4.4 | Razorback Spring Invite | 3/30 |
| 2. Jordan Stiens                         | 14.20                  | +3.6 | Razorback Spring Invite | 3/30 |
| 3. Paula Andrie                          | 16.34*                 | +4.4 | Razorback Spring Invite | 3/30 |
| 4. Maggie Malone                         | 16.62*                 | +2.1 | Kansas Relays           | 4/17 |
| <b>400-Meter Hurdles:</b>                |                        |      |                         |      |
| 1. Ellie Grooters                        | 59.54p                 | --   | Big Ten Championships   | 5/11 |
| 2. Mila Andric                           | 59.87                  | --   | Big Ten Championships   | 5/12 |
| <b>3,000 Meter Steeplechase:</b>         |                        |      |                         |      |
| 1. Jessica Furlan                        | 9:51.23*               | --   | World University Games  | 7/10 |
| <b>4x100-Meter Relay:</b>                |                        |      |                         |      |
| 1. Heck, Weekes,<br>Oak, McCarty         | 45.90                  | --   | Nebraska Invite         | 5/5  |
| <b>4x100-Meter Shuttle Hurdle Relay:</b> |                        |      |                         |      |
| 1. Stiens, Martin,<br>Kerekes, Doffeny   | 58.34                  | --   | Drake Relays            | 4/26 |
| <b>4x400-Meter Relay:</b>                |                        |      |                         |      |
| 1. Weekes, Grooters,<br>Andric, Williams | 3:37.45                | --   | Drake Relays            | 4/26 |
| <b>Pole Vault:</b>                       |                        |      |                         |      |
| 1. Tess Merrill                          | 12-10 1/4 (3.92)--     |      | Big Ten Championships   | 5/11 |
| 2. Maggie Maher                          | 12-8 1/4 (3.87) --     |      | Crimson Tide Invite     | 4/6  |
| 3. Paula Andrie                          | 12-2 1/2 (3.72) --     |      | Nebraska Quad           | 4/13 |
| 4. Lauren Welch                          | 11-8 1/2 (3.57) --     |      | Nebraska Quad           | 4/13 |
| <b>High Jump:</b>                        |                        |      |                         |      |
| 1. Marusa Cernjul                        | 5-9 1/4 (1.76) --      |      | Nebraska Quad           | 4/13 |
| 2. Jillanna Scanlan                      | 5-7 3/4 (1.72) --      |      | Drake Relays            | 4/27 |
| 3. Katie Smith                           | 5-6 (1.68) --          |      | Pre-Drake Meet          | 4/24 |
| Anne Martin                              | 5-6 (1.68) --          |      | Big Ten Championships   | 5/10 |
| 5. Jourdan Doffeny                       | 5-1 1/4 (1.56)* --     |      | Big Ten Championships   | 5/10 |
| 6. Jordan Stiens                         | 5-1 (1.55) --          |      | Mt. SAC Relays          | 4/17 |
| 7. Maggie Malone                         | 4-8 1/4 (1.43) --      |      | Kansas Relays           | 4/17 |
| <b>Triple Jump:</b>                      |                        |      |                         |      |
| 1. Mara Griva                            | 44-3 1/2 (13.50)+1.7   |      | Drake Relays            | 4/27 |
| 2. Ellie Ewere                           | 39-8 1/2 (12.10)+1.0   |      | Big Ten Championships   | 5/12 |
| 3. Kara Mostoller                        | 35-4 1/2 (10.78)* NWI  |      | Nebraska Quad           | 4/13 |
| <b>Wind-Aided</b>                        |                        |      |                         |      |
| 1. Ellie Ewere                           | 39-9 3/4 (12.13)+2.7   |      | Drake Relays            | 4/27 |
| 2. Kara Mostoller                        | 35-9 1/2 (10.91)* +7.7 |      | Pre-Drake Meet          | 4/24 |
| 3. Katie Smith                           | 35-6 1/2 (10.83)* +4.0 |      | Pre-Drake Meet          | 4/24 |

## All-Time Personal Best

| Mark              | Date    |
|-------------------|---------|
| 14.10             | 6/8/10  |
| 13.76             | 7/9/11  |
| 13.65w            | 4/21/12 |
| Same              | 4/17/13 |
| 14.06w            | 3/30/13 |
| Same              | 4/13/13 |
| Same              | 3/30/13 |
| 14.10             | 6/8/10  |
| Same              | 3/30/13 |
| Same              | 4/17/13 |
| 59.45             | 5/12/12 |
| 59.04             | 5/28/11 |
| Same              | 7/10/13 |
| 43.33             | 6/4/83  |
| 55.18             | 4/26/08 |
| 3:29.61           | 6/6/02  |
| 13-0 1/4 (3.97)i  | 2/9/13  |
| 13-2 1/2 (4.03)i  | 2/24/1  |
| 12-11 1/2 (3.95)i | 2/22/13 |
| 12-7 1/2 (3.85)i  | 1/21/11 |
| 6-0 (1.83)        | 5/13/12 |
| 5-9 3/4 (1.77)i   | 2/23/13 |
| 5-8 (1.72)        | 4/28/11 |
| 5-7 3/4 (1.72)    | 5/22/08 |
| Same              | 5/10/13 |
| 5-3 3/4 (1.62)i   | 2/22/13 |
| 4-10 1/2 (1.49)i  | 2/1/13  |
| 45-3 3/4 (13.81)  | 5/15/11 |
| 41-8 3/4 (12.72)  | 5/13/12 |
| Same              | 4/13/13 |
| 41-8 3/4 (12.72)  | 5/13/12 |
| Same              | 4/24/13 |
| Same              | 4/24/13 |

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|----------------------|--------------------|------|-------------------------|---------|
| <b>Long Jump:</b>    |                    |      |                         |         |
| 1. Mara Griva        | 20-10 (6.35)       | +0.4 | NCAA West Prelims       | 5/23    |
| 2. Kari Heck         | 19-10 1/4 (6.05)   | +1.9 | Drake Relays            | 4/26    |
| 3. Anne Martin       | 19-2 1/2 (5.85)*   | +1.9 | Crimson Tide Invite     | 4/6     |
| 4. Jourdan Doffeny   | 19-0 1/2 (5.80)*   | +1.7 | Crimson Tide Invite     | 4/6     |
| 5. Jordan Stiens     | 17-10 1/4 (5.44)   | +0.9 | Crimson Tide Invite     | 4/6     |
| 6. Maggie Malone     | 17-0 3/4 (5.20)    | +0.3 | Kansas Relays           | 4/18    |
| 7. Ellie Ewere       | 16-6 1/2 (5.04)    | +0.7 | Kansas Relays           | 4/20    |
| <b>Wind-Aided</b>    |                    |      |                         |         |
| 1. Mara Griva        | 21-0 3/4 (6.42)    | +2.3 | NCAA Championships      | 6/5     |
| 2. Kari Heck         | 20-5 3/4 (6.24)    | +4.9 | NCAA West Prelims       | 5/23    |
| 3. Kara Mostoller    | 19-5 1/2 (5.93)*   | +3.0 | Kansas Relays           | 4/20    |
| 4. Jordan Stiens     | 18-1 12 (5.52)     | +2.0 | Big Ten Championships   | 5/11    |
| 5. Ellie Ewere       | 17-9 (5.41)        | +2.1 | Razorback Spring Invite | 3/30    |
| <b>Shot Put:</b>     |                    |      |                         |         |
| 1. Annie Jackson     | 55-0 (16.76)*      | --   | Big Ten Championships   | 5/11    |
| 2. Carlie Pinkelman  | 52-10 3/4 (16.12)* | --   | Big Ten Championships   | 5/11    |
| 3. Veronica Grizzle  | 51-3 3/4 (15.64)   | --   | Triton Invitational     | 4/27    |
| 4. Tristen Sharp     | 46-11 1/2 (14.31)  | --   | Nebraska Invite         | 5/5     |
| 5. Morgan Wilken     | 41-7 3/4 (12.69)   | --   | Crimson Tide Invite     | 4/6     |
| 6. Maggie Malone     | 38-4 (11.68)       | --   | Nebraska Quad           | 4/13    |
| 7. Jordan Stiens     | 38-3 1/4 (11.66)   | --   | Big Ten Championships   | 5/10    |
| 8. Jourdan Doffeny   | 37-6 3/4 (11.45)*  | --   | Big Ten Championships   | 5/10    |
| 9. Anne Martin       | 37-5 3/4 (11.42)*  | --   | Big Ten Championships   | 5/10    |
| <b>Discus:</b>       |                    |      |                         |         |
| 1. Morgan Wilken     | 177-00 (53.95)     | --   | Nebraska Quad           | 4/13    |
| 2. Annie Jackson     | 158-8 (48.36)*     | --   | Nebraska Quad           | 4/13    |
| <b>Hammer Throw:</b> |                    |      |                         |         |
| 1. Veronica Grizzle  | 186-2 (56.74)*     | --   | Nebraska Invite         | 5/5     |
| 2. Mary Morales      | 177-0 (53.94)*     | --   | Nebraska Invite         | 5/5     |
| 3. Tristen Sharp     | 174-0 (53.05)*     | --   | Triton Invitational     | 4/26    |
| 4. Carlie Pinkelman  | 173-0 (52.73)*     | --   | Nebraska Invite         | 5/5     |
| <b>Javelin:</b>      |                    |      |                         |         |
| 1. Maggie Malone     | 166-0 (50.60)*     | --   | Big Ten Championships   | 5/11    |
| 2. Mara Griva        | 136-1 (41.49)      | --   | Nebraska Quad           | 4/13    |
| 3. Anne Martin       | 130-3 (39.70)      | --   | NCAA Championships      | 6/7     |
| 4. Jordan Stiens     | 122-7 (37.37)*     | --   | Crimson Tide Invite     | 4/6     |
| 5. Veronica Grizzle  | 122-4 (37.28)      | --   | Crimson Tide Invite     | 4/6     |
| 6. Jourdan Doffeny   | 111-4 (33.94)*     | --   | Nebraska Quad           | 4/13    |
| <b>Heptathlon:</b>   |                    |      |                         |         |
| 1. Anne Martin       | 5,414*             | --   | NCAA Championships      | 6/6-7   |
| 2. Jordan Stiens     | 5,082              | --   | Big Ten Championships   | 5/10-11 |
| 3. Jourdan Doffeny   | 4,881*             | --   | Big Ten Championships   | 5/10-11 |
| 4. Maggie Malone     | 4,369*             | --   | Kansas Relays           | 4/17-18 |

## All-Time Personal Best

| Mark              | Date       |
|-------------------|------------|
| 21-7 1/2 (6.59)   | 7/17/11    |
| 20-6 1/2 (6.26)   | 6/2/12     |
| Same              | 4/6/13     |
| Same              | 4/6/13     |
| 18-9 1/4 (5.72)   | 5/30/09    |
| 17-6 3/4 (5.35)j  | 1/11/13    |
| 18-7 (5.66)j      | 2/24/12    |
| 21-7 1/2 (6.59)   | 7/17/11    |
| 20-6 1/2 (6.26)   | 6/2/12     |
| Same              | 4/20/13    |
| 18-9 1/4 (5.72)   | 5/30/09    |
| 18-7 (5.66)j      | 2/24/12    |
| Same              | 5/11/13    |
| Same              | 5/11/13    |
| 53-5 3/4 (16.30)  | 4/7/12     |
| 48-2 1/2 (14.69)  | 5/5/12     |
| 47-3 (14.40)      | 1/21/12    |
| 39-3 3/4 (11.98)j | 2/15/12    |
| 40-0 3/4 (12.21)j | 1/14/12    |
| Same              | 5/10/13    |
| Same              | 5/10/13    |
| 183-7 (55.95)     | 4/27/12    |
| Same              | 4/13/13    |
| Same              | 5/5/13     |
| Same              | 5/5/13     |
| Same              | 4/26/13    |
| Same              | 5/5/13     |
| Same              | 4/13/13    |
| 136-4 (41.55)     | 5/5/12     |
| 133-5 (40.66)     | 5/4/11     |
| Same              | 4/6/13     |
| 137-6 (41.92)     | 4/17/10    |
| Same              | 4/13/13    |
| Same              | 6/6-7/13   |
| 5,216             | 5/11-12/12 |
| Same              | 5/10-11/13 |
| Same              | 4/17-18/13 |

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