

# 2019 MEN'S OUTDOOR PERFORMANCE LIST

updated 6/10/19

Athlete	Mark	Wind	Meet	Date	All-Time Indoor PR	All-Time Outdoor PR
<b>100 Meters:</b>						
1. Jaron Woodyard	10.47A* (10.50)	+1.7	Texas Tech Shootout	4/26		Same
2. Isaiah Hutchinson	10.52	+1.8	Husker Invitational	4/6		10.28w (5/18/18)
3. Alex Nelson	10.53*	+1.6	Nebraska Invitational	5/4		Same
4. Jordane Jackson	10.64	+0.8	Husker Invitational	4/6		10.47 (HS)
5. Noah Lukz	10.69*	+1.6	Nebraska Invitational	5/4		Same
6. Jared Seay	10.81A* (10.84)	+1.7	Texas Tech Shootout	4/26		Same
7. Simon Wiedel	10.82	+1.8	Husker Invitational	4/6		10.60 (HS)
8. Mason Hericks	10.96	+0.2	Big Ten Championships	5/11		10.47w (3/23/19)
9. Taj Moffett	11.10A (11.13)	+1.7	Texas Tech Shootout	4/26		10.73 (HS)
10. Noah Velinsky	11.14*	+0.8	Husker Invitational	4/6		Same
11. Zach Podraza	11.32*	+1.7	Nebraska Invitational	5/4		Same
<b>wind-aided</b>						
Mason Hericks	10.47*	+3.1	Herm Wilson Invitational	3/23		Same
	10.47A* (10.50)	+3.1	Texas Tech Shootout	4/26		Same
Simon Wiedel	10.75	+3.1	Herm Wilson Invitational	3/23		10.60 (HS)
Cale Wagner	11.21A (11.24)	+3.1	Texas Tech Shootout	4/26		10.67 (6/24/16)
<b>200 Meters:</b>						
1. Mason Hericks	21.29	+0.9	Crimson Tide Invitational	4/12	21.41 (1/26/19)	20.93w (4/6/19)
2. Jaron Woodyard	21.42*	+0.0	Nebraska Invitational	5/4		Same
3. Jordane Jackson	21.54	+0.8	Crimson Tide Invitational	4/12	22.06 (2/2/19)	21.32 (HS)
4. Noah Lukz	21.69*	+0.0	Nebraska Invitational	5/4	21.90 (2/2/19)	Same
5. Tony Nou	21.73	+0.8	Crimson Tide Invitational	4/12	21.67 (1/25/19)	21.17 (6/16/18)
6. Bryce Barrett	21.76	+1.1	Herm Wilson Invitational	3/23	21.83 (2/2/19)	21.56 (HS)
7. Alex Nelson	21.83	+1.1	Herm Wilson Invitational	3/23	21.42 (2/15/19)	21.30 (HS)
8. Givon Washington	21.90	+1.1	Herm Wilson Invitational	3/23	21.99 (1/25/19)	21.81 (HS)
9. Makiyah Smallwood	22.37*	+0.8	Husker Invitational	4/6	22.60 (1/12/19)	Same
10. Luke Siedhoff	22.76*	+0.8	Husker Invitational	4/6	22.88 (1/26/19)	Same
<b>wind-aided</b>						
Mason Hericks	20.93*	+3.0	Husker Invitational	4/6	21.41 (1/26/19)	Same
Isaiah Hutchinson	21.11A (21.18)	+2.3	Texas Tech Shootout	4/26		20.80 (5/19/18)
Alex Nelson	21.38A (21.45)	+2.3	Texas Tech Shootout	4/26	21.42 (2/15/19)	21.30 (HS)
Bryce Barrett	21.58A (21.65)	+2.3	Texas Tech Shootout	4/26	21.83 (2/2/19)	21.56 (HS)
<b>400 Meters:</b>						
1. Tony Nou	47.36A (47.47)		Texas Tech Shootout	4/26	47.32 (2/17/18)	46.24 (7/22/17)
2. Isaiah Hutchinson	47.37*		Big Ten Championships	5/11		Same
3. Givon Washington	47.50*		Husker Invitational	4/6	48.38 (2/15/19)	Same
4. Bryce Barrett	47.92		Husker Invitational	4/6	48.95 (2/2/18)	47.83 (HS)
5. Cody Mroczek	48.43p*		Kansas Relays	4/18	48.88 (2/1/19)	Same
6. Ty Moss	50.01		Herm Wilson Invitational	3/23		48.55 (5/5/18)
7. Jared Seay	50.27		Big Ten Championships	5/10		49.06 (4/6/18)
8. Zach Podraza	50.89*		Big Ten Championships	5/10	51.61 (1/19/19)	Same
9. Cale Wagner	53.59		Big Ten Championships	5/10		49.52
<b>800 Meters:</b>						
1. Ty Moss	1:48.32*		Bryan Clay Invitational	4/19	1:50.74o (2/9/19)	Same
2. George Kusche	1:49.28A* (1:48.96)		Texas Tech Shootout	4/26	1:50.77 (1/26/19)	Same
3. Daniels Bambals	1:51.81A (1:51.49)		Texas Tech Shootout	4/26	2:02.39o (2/9/19)	1:50.21 (7/29/18)
4. Daniel Mattern	1:54.03*		Husker Invitational	4/6	1:23.15 (2/2/19)	Same
5. Karson LeComte	1:56.02*		Crimson Tide Invitational	4/12	1:52.67 (1/28/17)	Same
6. Sadio Fenner	2:04.88*		Herm Wilson Invitational	3/23		Same
7. Ryan Eastman	2:06.33A* (2:05.96)		Texas Tech Shootout	4/26		Same
<b>1,500 Meters:</b>						
1. George Kusche	3:39.33*		Payton Jordan Invitational	5/2		Same
2. Bailey Timmons	3:57.67*		Crimson Tide Invitational	4/12		Same
3. Ryan Eastman	4:00.56*		Crimson Tide Invitational	4/12		Same
4. Wyatt McGuire	4:00.97		Crimson Tide Invitational	4/11		3:49.79 (3/24/17)
5. Karson LeComte	4:01.58		Nebraska Invitational	5/4		3:55.787 (5/6/17)
6. Ty Moss	4:02.50		Herm Wilson Invitational	3/22		3:59.50 (4/8/17)
7. Ryan Martins	4:03.05		Herm Wilson Invitational	3/22		4:00.12 (5/5/18)
8. Alex Tollinger	4:11.32		Nebraska Invitational	5/4		4:08.71 (5/5/18)
9. Daniels Bambals	4:11.48*		Herm Wilson Invitational	3/22		Same
10. Zach Podraza	4:53.83*		Big Ten Championships	5/11		Same
11. Jared Seay	6:00.51		Big Ten Championships	5/11		5:11.25 (5/19/17)
<b>3,000 Meters:</b>						
1. Myles Fleming	8:52.58*		Nebraska Invitational	5/4	8:47.55 (2/2/19)	Same
2. Eric Karl II	9:00.35		Husker Invitational	4/6	9:02.71 (2/17/17)	8:59.61 (5/6/17)
3. Alex Tollinger	9:01.10*		Husker Invitational	4/6	9:05.25 (2/15/19)	Same
4. Ryan Eastman	9:08.30*		Husker Invitational	4/6	8:57.12 (1/26/19)	Same
<b>5,000 Meters:</b>						
1. George Kusche	14:36.21*		Big Ten Championships	5/12	14:22.75 (2/23/19)	Same
2. Bailey Timmons	14:36.45*		Mike Fanelli Track Classic	3/29	14:31.72o (2/8/18)	Same
3. Wyatt McGuire	14:59.36		Mike Fanelli Track Classic	3/29	14:11.76o (2/10/17)	14:18.15 (4/13/17)
4. Myles Fleming	15:23.15*		Herm Wilson Invitational	3/22	14:50.69o (2/8/19)	Same
5. Alex Tollinger	15:35.22A (15:22.51)		Texas Tech Shootout	4/26	15:46.70 (2/3/18)	15:32.03 (4/21/18)
6. Eric Karl II	16:07.10		Prairie Wolf Invitational	4/25	15:21.67 (2/3/18)	15:33.98 (4/21/18)

Key

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Athlete	Mark	Wind	Meet	Date	All-Time Indoor PR	All-Time Outdoor PR
<b>110-Meter Hurdles:</b>						
1. Luke Siedhoff	13.73	+1.1	NCAA West Preliminary Round	5/26		13.71w (6/6/18)
2. Makiyah Smallwood	14.40	+0.3	Husker Invitational	4/6		14.11 (HS)
3. Vincent Ohlman	14.41	+0.3	Husker Invitational	4/6		14.17wA (4/26/19)
4. Jared Seay	14.58*	-0.7	Big Ten Championships	5/11		Same
5. Darius Gaw	14.63	+0.8	Nebraska Invitational	5/4		14.09 (HS)
6. Zach Podraza	15.20	+1.2	Texas Relays	3/28		15.11 (4/13/17)
7. Cale Wagner	16.91	+0.1	Big Ten Championships	5/11		15.42 (3/24/18)
<b>wind-aided</b>						
Vincent Ohlman	14.17A* (14.21)	+2.6	Texas Tech Shootout	4/26		Same
Zach Podraza	15.20A (15.24)	+2.6	Texas Tech Shootout	4/26		15.11 (4/13/17)
<b>400-Meter Hurdles:</b>						
1. Vincent Ohlman	55.01*		Husker Invitational	4/6		Same
2. Darius Gaw	1:00.67A* (1:00.78)		Texas Tech Shootout	4/26		Same
<b>3,000-Meter Steeplechase:</b>						
1. Jordan De Spong	9:26.08*		Mike Fanelli Track Classic	3/28		Same
2. Sadio Fenner	9:31.93*		Big Ten Championships	3/11		Same
3. Ryan Martins	9:36.83		Bryan Clay Invitational	4/18		9:21.89 (4/21/18)
<b>4x100-Meter Relay</b>						
40.01A Lukz, Nou, Hericks, A. Nelson			Texas Tech Shootout	4/26		39.19 (5/28/05)
<b>4x400-Meter Relay</b>						
3:08.09 Washington, Lucy, Barrett, Hutchinson			Crimson Tide Invitational	4/12		3:02.81 (6/1/91)
<b>High Jump:</b>						
1. Mayson Conner	7-2 1/4 (2.19m)*		Texas Relays	3/30	7-3 3/4 (2.23m)* (2/22/19)	Same
2. Miles Griffith	7-1 1/2 (2.17m)*		Texas Relays	3/29	7-1 (2.16m) (2/22/19)	Same
3. Jared Seay	6-10 1/4 (2.09m)*		Big Ten Championships	5/10	7-0 1/2 (2.15m) (2/11/17)	Same
4. Michael Hoffer	6-8 (2.03m)		Husker Invitational	4/6	6-11 1/2 (2.12m) (2/9/19)	7-0 1/4 (2.14m) (HS)
5. Cale Wagner	6-5 1/2 (1.97m)		Big Ten Championships	5/10	6-6 1/4 (1.99m) (1/29/16)	6-6 3/4 (2.00m) (6/24/16)
6. Zach Podraza	6-4 3/4 (1.95m)		Texas Relays	3/27	6-6 1/4 (1.99m) (1/12/19)	6-6 (1.98m) (3/31/17)
<b>Pole Vault:</b>						
1. Tyler Loontjer	17-4 1/2 (5.30m)		Texas Relays	3/28	17-5 1/2 (5.32m) (2/2/19)	17-4 1/2 (5.30m) (4/14/18)
2. Kevin Cahoy	17-1 (5.21m)*		Big Ten Championships	5/10	17-0 1/4 (5.19m) (2/24/17)	Same
3. Garrison Hughes	16-11 (5.16m)		Nebraska Invitational	5/4	17-5 1/2 (5.32m) (2/2/19)	17-0 (5.18m) (HS)
4. Spencer Powell	16-10 3/4 (5.15m)*		Texas Relays	3/28	17-2 1/4 (5.24m) (2/23/19)	Same
5. Zach Podraza	16-0 3/4 (4.90m)*		Texas Relays	3/28	15-7 3/4 (4.77m) (2/3/18)	Same
6. Jared Seay	14-1 1/4 (4.30m)*		Big Ten Championships	5/10	15-11 1/4 (4.86m) (3/9/19)	Same
<b>Long Jump:</b>						
1. Elijah Lucy	24-10 1/2 (7.58m)	+1.7	Big Ten Championships	5/11	25-2 (7.67m) (2/22/19)	25-8 3/4 (7.84m)w (4/6/19)
2. Jared Seay	24-3 (7.39m)*	+0.1	Nebraska Invitational	5/4	24-3 3/4 (7.41m) (3/9/19)	Same
3. Cale Wagner	23-0 (7.01m)	+1.1	Big Ten Championships	5/10	23-11 1/2 (7.30m) (1/29/16)	24-4 1/2 (7.43m)w (6/24/16)
4. Zach Podraza	22-11 1/4 (6.99m)*	-1.3	Big Ten Championships	5/10	22-1 3/4 (6.75m) (2/22/19)	Same
5. Cody Mroczek	22-7 (6.88m)	+1.5	Nebraska Invitational	5/4	22-8 (6.91m) (1/19/18)	23-1 (7.03m) (HS)
6. Simon Wiedel	21-9 (6.63m)	+0.5	Husker Invitational	4/6	22-4 1/4 (6.81m) (1/26/19)	22-3 1/2 (6.79m)w (4/26/19)
7. Taj Moffett	20-10 3/4 (6.37m)	-0.2	Husker Invitational	4/6	21-7 1/2 (6.59m) (2/2/19)	23-3 (7.08m) (HS)
<b>wind-aided</b>						
Elijah Lucy	25-8 3/4 (7.84m)*	+3.3	Husker Invitational	4/6	25-2 (7.67m) (2/22/19)	Same
Cale Wagner	23-8 1/4 (7.22m)	+2.1	Big Ten Championships	5/10	23-11 1/2 (7.30m) (1/29/16)	24-4 1/2 (7.43m)w (6/24/16)
Simon Wiedel	22-3 1/2 (6.79m)*	+3.6	Texas Tech Shootout	4/26	22-4 1/4 (6.81m) (1/26/19)	Same
Taj Moffett	22-3 (6.78m)	+3.4	Husker Invitational	4/6	21-7 1/2 (6.59m) (2/2/19)	23-3 (7.08m) (HS)
<b>Triple Jump:</b>						
1. Jonathan Miller	51-4 1/4 (15.65m)	+0.7	Big Ten Championships	5/12	50-4 (15.34m) (1/26/19)	52-1 3/4 (15.89m)w (4/12/19)
2. Jace Anderson	47-5 (14.45m)	+1.7	Husker Invitational	4/6	50-3 1/2 (15.33m) (2/25/17)	50-0 3/4 (15.26m) (4/27/18)
<b>wind-aided</b>						
Jonathan Miller	52-1 3/4 (15.89m)*	+2.3	Crimson Tide Invitational	4/12	50-4 (15.34m) (1/26/19)	Same
Jace Anderson	48-5 1/4 (14.76m)	+3.4	Crimson Tide Invitational	4/12	50-3 1/2 (15.33m) (2/25/17)	50-0 3/4 (15.26m) (4/27/18)
<b>Shot Put:</b>						
1. Burger Lambrechts Jr.	63-6 (19.35m)*		NCAA West Preliminary Round	5/26	62-1 1/4 (18.93m) (2/2/19)	Same
2. Grady Leonard	58-4 1/2 (17.79m)*		Big Ten Championships	5/11	60-6 3/4 (18.46m) (1/19/19)	Same
3. Nick Coghill	57-5 (17.50m)		Texas Tech Shootout	4/26	58-7 1/2 (17.87m) (1/12/19)	59-1 1/4 (18.01m) (4/14/18)
4. James Joycecey	46-9 1/2 (14.26m)*		Herm Wilson Invitational	3/23	50-11 1/2 (15.53m) (1/19/19)	Same
5. Jared Seay	44-9 (13.64m)*		Big Ten Championships	5/10	44-10 1/4 (13.67m) (2/22/19)	Same
6. Cale Wagner	40-11 3/4 (12.49m)		Big Ten Championships	5/10	44-5 1/2 (13.55m) (2/16/18)	44-2 3/4 (13.48m) (5/11/18)
7. Zach Podraza	39-0 1/2 (11.90m)		Texas Relays	3/27	40-3 1/2 (12.28m) (2/22/19)	39-5 (12.01m) (5/11/18)
<b>Discus:</b>						
1. Carlos Davis	191-11 (58.50m)*		NCAA West Preliminary Round	5/25		Same
2. Burger Lambrechts Jr.	188-5 (57.43m)*		Kansas Relays	4/19		Same
3. Khalil Davis	183-7 (55.96m)		Kansas Relays	4/19		188-4 (57.41m) (5/13/18)
4. Nick Coghill	172-11 (52.71m)		Texas Tech Shootout	4/26		183-1 (55.81m) (4/12/18)
5. Grady Leonard	159-8 (48.66m)*		Nebraska Invitational	5/4		Same
6. Jared Seay	149-0 (45.43m)		Nebraska Invitational	5/4		151-9 (46.25m) (3/24/18)
7. Zach Podraza	135-4 (41.26m)*		Husker Invitational	4/6		Same
8. Cale Wagner	127-11 (39.00m)		Nebraska Invitational	5/4		129-6 (39.48m) (4/7/18)

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<b>Hammer Throw:</b>						
1. James Joycey	203-4 (61.99m)*		Texas Tech Shootout	4/26		Same
2. Grady Leonard	172-9 (52.66m)*		Texas Tech Shootout	4/26		Same
3. Dalton Peters	169-4 (51.61m)*		Texas Tech Shootout	4/26		Same
<b>Javelin:</b>						
1. Eric Garner	210-0 (64.01m)*		Texas Tech Shootout	4/26		Same
2. Zach Podraza	207-7 (63.27m)*		Texas Relays	3/28		Same
3. Cale Wagner	179-6 (54.71m)		Husker Invitational	4/6		181-10 (55.42m) (5/11/18)
4. Jared Seay	152-4 (46.43m)*		Husker Invitational	4/6		Same
<b>Decathlon:</b>						
1. Zach Podraza	7,287*		Texas Relays	3/27-28		Same
2. Jared Seay	7,010		Big Ten Championships	5/10-11		7,038 (5/18-5/19/17)
3. Cale Wagner	5,602		Big Ten Championships	5/10-11		7,292 (4/6-4/7/18)

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