

# 2021 MEN'S OUTDOOR PERFORMANCE LIST

updated 6/14/21

Athlete	Mark	Wind	Meet	Date	All-Time Indoor PR	All-Time Outdoor PR
<b>100 Meters:</b>						
Lorenzo Paissan	10.55	+0.5	Billy Hayes Invitational	5/1		10.38 (HS)
Noah Lukz	10.73	+0.2	Big Ten Outdoor Championships	5/15		10.69 (5/4/19)
Chris Ramsey	10.76*	+0.5	Billy Hayes Invitational	5/1		10.76 (5/1/21)
Matthew Brown	10.96	+0.7	Fighting Illini Big Ten Relays	4/23		10.35 (5/11/19)
Noah Lukz	10.99	+1.1	B1G North Florida Invitational	4/2		10.69 (5/4/19)
Zach Podraza	11.34	+0.9	Big Ten Outdoor Championships	5/14		11.32 (5/4/19)
Kolby Heinerikson	11.54*	+0.9	Big Ten Outdoor Championships	5/14		11.54 (5/14/21)
<b>wind-aided:</b>						
Alex Nelson	10.59	+2.1	Billy Hayes Invitational	5/1		10.53 (5/4/19)
Bryce Barrett	11.20	+2.1	Billy Hayes Invitational	5/1		10.85 (HS)
Cale Wagner	11.48	+2.3	B1G North Florida Invitational	4/2		10.67 (6/24/16)
<b>200 Meters:</b>						
Jacob Hyde	21.62	+1.5	Big Ten Outdoor Championships	5/14		21.51 (HS)
Micaylon Moore	21.87*	-0.5	Billy Hayes Invitational	5/1		21.87 (5/1/21)
Clayton Keys	22.04*	-0.5	Billy Hayes Invitational	5/1		22.04 (5/1/21)
Noah Lukz	22.26	+1.0	B1G North Florida Invitational	4/3	21.90 (2/2/19)	21.69 (5/4/19)
Bryce Barrett	22.38	-0.5	Billy Hayes Invitational	5/1	21.83 (2/2/19)	21.56 (HS)
Vincent Ohlman	22.92	+1.6	B1G North Florida Invitational	4/3		22.92 (4/3/21)
Kolby Heinerikson	23.46*	+1.4	B1G North Florida Invitational	4/3		23.46 (4/3/21)
<b>wind-aided:</b>						
Alex Nelson	21.25	+2.2	B1G North Florida Invitational	4/3	21.42 (2/15/19)	21.25w
Lorenzo Paissan	21.60	+4.2	Husker B1G Invitational	4/17	21.55 (2/1/20)	21.13 (HS)
Noah Lukz	21.82	+3.3	Husker B1G Invitational	4/17	21.90 (2/2/19)	21.69 (5/4/19)
Isaiah Hutchinson	21.89	+2.3	B1G North Florida Invitational	4/3	20.99 (5/19/17)	21.11w (4/26/19)
Joey Daniels	22.16*	+3.9	Husker B1G Invitational	4/17	22.46 (1/29/17)	22.16w (4/17/21)
Cory Berg	22.36	+3.3	Husker B1G Invitational	4/17	23.16 (1/16/21)	22.03 (HS)
Luke Siedhoff	23.03	+2.8	Husker B1G Invitational	4/17	22.88 (1/26/19)	22.76 (4/6/19)
<b>400 Meters:</b>						
Isaiah Hutchinson	47.97		Big Ten Outdoor Championships	5/15	47.86 (2/1/20)	46.97 (5/20/17)
Cody Mroczek	48.36*		Billy Hayes Invitational	5/1	48.88 (2/1/19)	48.36 (5/1/21)
Zach Podraza	50.40*		Big Ten Outdoor Championships	5/14		50.40 (5/14/21)
Bryce Barrett	50.68		Fighting Illini Big Ten Relays	4/23	48.95 (2/2/18)	47.83 (HS)
Kolby Heinerikson	51.92*		Big Ten Outdoor Championships	5/14		51.92 (5/14/21)
<b>800 Meters:</b>						
Dais Malebana	1:52.54*		Fighting Illini Big Ten Relays	4/23		1:52.54 (4/23/21)
Daniel Mattern	1:55.67		Indiana Big Ten Invitational #2	4/9	1:53.70o (2/15/20)	1:54.03 (4/6/19)
<b>1,500 Meters:</b>						
Dais Malebana	3:39.36*		NCAA West Preliminary Round	5/29		3:39.36 (5/29/21)
George Kusche	3:48.93		Big Ten Outdoor Championships	5/14		3:39.33 (5/2/19)
Bailey Timmons	3:57.80*		Fighting Illini Big Ten Relays	4/23		3:56.10 (4/9/21)
Kolby Heinerikson	4:50.21*		Big Ten Outdoor Championships	5/15		4:50.21 (5/15/21)
Zach Podraza	5:06.79		Big Ten Outdoor Championships	5/15		4:53.83 (5/10/19)
<b>5,000 Meters:</b>						
Bailey Timmons	14:45.38		Billy Hayes Invitational	4/30	14:10.28o (2/12/21)	14:36.45 (3/29/19)
<b>10,000 Meters:</b>						
Mark Freyhof	31:26.84		Indiana Big Ten Invitational #2	4/9		30:35.59 (3/30/18)
<b>110-Meter Hurdles:</b>						
Joey Daniels	13.57	+0.6	Billy Hayes Invitational	5/1		13.57 (5/1/21)
Luke Siedhoff	13.58*	+1.3	NCAA West Preliminary Round	5/29		13.58 (5/29/21)
Darius Luff	13.64*	+1.3	NCAA West Preliminary Round	5/29		13.64 (5/29/21)
George Bokobo	15.06*	+1.6	Fighting Illini Big Ten Relays	4/23		15.06 (4/23/21)
<b>wind-aided:</b>						
Tyler Drew	14.38*	+3.0	B1G North Florida Invitational	4/2		14.38w (4/2/21)
Zach Podraza	14.54*	+4.8	Husker B1G Invitational	4/17		14.54w (4/17/21)
Vincent Ohlman	15.23	+4.5	B1G North Florida Invitational	4/2		14.41 (4/6/19)
Kolby Heinerikson	15.42*	+2.9	Big Ten Outdoor Championships	5/15		15.42w (5/15/21)
<b>400-Meter Hurdles:</b>						
Cory Berg	52.42*		Billy Hayes Invitational	5/1		52.42 (5/1/21)
Tyler Drew	53.26*		Big Ten Outdoor Championships	5/14		53.26 (5/14/21)
Clayton Keys	56.06*		B1G North Florida Invitational	4/3		56.06 (4/3/21)
<b>3,000-Meter Steeplechase:</b>						
Sadio Fenner	9:22.68*		Billy Hayes Invitational	5/1		9:22.68 (5/1/21)
Ryan Martins	9:39.65		Indiana Big Ten Invitational #2	4/9		9:21.89 (4/21/18)
<b>4x100-Meter Relay:</b>						
Lukz, Nelson, Paissan, Hutchinson	39.79		Big Ten Outdoor Championships	5/16		39.19 (5/28/05)
<b>4x400-Meter Relay:</b>						
Mroczek, Nelson, Berg, Hutchinson	3:10.68		Big Ten Outdoor Championships	5/16		3:02.81 (6/1/91)
<b>High Jump:</b>						
Mayson Conner	7-3 3/4 (2.23m)*		NCAA Outdoor Championships	6/11	7-3 3/4 (2.23m) (2/23/19)	7-3 3/4 (2.23m) (6/11/21)
Michael Hoffer	7-2 1/4 (2.19m)*		NCAA West Preliminary Round	5/28	6-11 1/2 (2.12m) (2/9/19)	7-2 1/4 (2.19m) (5/28/21)
Lincoln McPhillips	6-8 3/4 (2.05m)*		Billy Hayes Invitational	5/1	6-9 3/4 (2.08m) (2/12/21)	6-8 3/4 (2.05m) (5/1/21)
Cale Wagner	6-3 1/4 (1.91m)		B1G North Florida Invitational	4/3	6-6 1/4 (1.99m) (1/29/16)	6-6 3/4 (2.00m) (6/24/16)

Key  
 \* = Outdoor PR    # = school record    A = altitude    o = oversized    w = wind-aided

# 2021 MEN'S OUTDOOR PERFORMANCE LIST

updated 6/14/21

Athlete	Mark	Wind	Meet	Date	All-Time Indoor PR	All-Time Outdoor PR
Zach Podraza	6-2 (1.88m)		Husker B1G Invitational	4/16	6-6 1/4 (1.99m) (1/12/19)	6-6 (1.98m) (3/31/17)
Kolby Heinerikson	5-11 1/2 (1.82m)		Husker B1G Invitational	4/16	5-11 1/2 (1.82m) (1/17/20)	5-11 1/2 (1.82m) (4/16/21)
<b>Pole Vault:</b>						
Tyler Loontjer	18-2 3/4 (5.56m)*		M City Classic	5/1	17-6 1/2 (5.35m) (2/6/21)	18-2 3/4 (5.56m) (5/1/21)
Garrison Hughes	17-6 1/2 (5.35m)*		NCAA West Preliminary Round	5/26	17-5 1/2 (5.32m) (1/2/19)	17-6 1/2 (5.35m) (5/26/21)
Spencer Powell	17-5 3/4 (5.33m)*		M City Classic	5/1	17-2 1/4 (5.24m) (2/23/19)	17-5 3/4 (5.33m) (5/1/21)
Kevin Cahoy	17-3 3/4 (5.28m)*		M City Classic	5/1	17-3 1/2 (5.27m) (2/28/20)	17-3 3/4 (5.28m) (5/1/21)
Drake Burton	15-10 (4.83m)		M City Classic	5/1	16-0 (4.88m) (2/21/20)	16-2 (4.93m) (4/6/19)
Zach Podraza	15-5 (4.70m)		Husker B1G Invitational	4/17	15-9 (4.80m) (2/28/20)	16-0 3/4 (4.90m) (3/28/19)
Skyler Peterson	14-9 1/2 (4.51m)		B1G North Florida Invitational	4/3	15-11 (4.85m) (2/26/21)	15-6 1/4 (4.73m) (HS)
Kolby Heinerikson	13-9 1/4 (4.20m)		Husker B1G Invitational	4/17	14-1 3/4 (4.31m) (2/8/20)	13-9 1/4 (4.20m) (4/17/21)
<b>Long Jump:</b>						
Michael Hoffer	25-8 1/4 (7.83m)*	+1.8	NCAA West Preliminary Round	5/26	23-5 1/4 (7.14m) (2/1/19)	25-8 1/4 (7.83m) (5/26/21)
Micaylon Moore	24-5 3/4 (7.46m)*	-1.3	Billy Hayes Invitational	5/1	24-3 1/2 (7.40m) (2/25/21)	24-5 3/4 (7.46m) (5/1/21)
Clayton Keys	24-2 1/2 (7.38m)	-0.7	Billy Hayes Invitational	5/1	23-7 1/4 (7.19m) (1/16/21)	24-9 (7.54m) (HS)
Alexander Thompson	23-5 1/4 (7.14m)	+1.7	B1G North Florida Invitational	4/2	23-8 1/4 (7.23m) (1/25/20)	24-9 1/4 (7.55m) (5/1/21)
Kolby Heinerikson	22-1 (6.73m)	+1.6	Husker B1G Invitational	4/16	21-4 1/4 (6.51m) (1/22/21)	22-3 3/4 (6.80m)w (4/2/21)
Zach Podraza	22-3 1/2 (6.79m)	+0.5	Big Ten Outdoor Championships	5/14	22-1 3/4 (6.75m) (2/22/19)	22-11 1/4 (6.99m) (5/10/19)
Kolby Heinerikson	22-2 1/4 (6.76m)	+1.8	Big Ten Outdoor Championships	5/14	21-4 1/4 (6.51m) (1/22/21)	22-3 3/4 (6.80m)w (4/2/21)
Matthias Algarin	20-9 3/4 (6.34m)	+0.0	Husker B1G Invitational	4/16	22-11 3/4 (7.00m) (1/16/21)	23-10 1/2 (7.27m) (HS)
Luke Russell	17-1 1/2 (5.22)	+0.4	Billy Hayes Invitational	5/1	23-4 1/2 (7.12m) (2/1/20)	23-11 (7.29m) (5/11/19)
<b>wind-aided:</b>						
Papay Glaywulu	24-4 1/2 (7.43m)	NWI	Husker B1G Invitational	4/16	24-3 (7.39m) (2/6/21)	24-4 1/2 (7.43m)w (4/16/21)
Luke Russell	23-7 1/4 (7.19m)	+5.0	B1G North Florida Invitational	4/2	23-4 1/2 (7.12m) (2/1/20)	23-11 (7.29m) (5/11/19)
Alexander Thompson	24-9 1/4 (7.55m)*	+2.1	Billy Hayes Invitational	5/1	23-8 1/4 (7.23m) (1/25/20)	24-9 1/4 (7.55m) (5/1/21)
Matthias Algarin	23-7 1/2 (7.20m)	+2.4	Billy Hayes Invitational	5/1	22-11 3/4 (7.00m) (1/16/21)	23-10 1/2 (7.27m) (HS)
Terrol Wilson	22-11 (6.98m)*	+2.7	B1G North Florida Invitational	4/2	23-8 (7.21m) (2/6/21)	22-11 (6.98m)w (4/2/21)
Kolby Heinerikson	22-3 3/4 (6.80m)*	+4.6	B1G North Florida Invitational	4/2	21-4 1/4 (6.51m) (1/22/21)	22-3 3/4 (6.80m)w (4/2/21)
Passmore Mudundulu	21-10 (6.65m)	+5.6	B1G North Florida Invitational	4/2	22-9 (6.93m) (2/1/20)	23-2 3/4 (7.08m) (HS)
<b>Triple Jump:</b>						
Papay Glaywulu	52-2 (15.90m)	+0.9	NCAA West Preliminary Round	5/28	53-6 1/4 (16.31m) (1/16/21)	53-0 3/4 (16.17m) (5/11/19)
Terrol Wilson	51-3 3/4 (15.64m)	+1.3	Big Ten Outdoor Championships	5/16	51-0 3/4 (15.56m) (2/12/21)	52-2 1/2 (15.91m) (HS)
Micaylon Moore	49-9 1/4 (15.17m)*	+1.2	Big Ten Outdoor Championships	5/16	49-9 1/4 (15.17m) (2/26/21)	49-9 1/4 (15.17m) (5/16/21)
Matthias Algarin	48-10 (14.88m)*	+1.8	Big Ten Outdoor Championships	5/16	46-5 1/4 (14.15m) (2/26/21)	48-10 (14.88m) (5/16/21)
Passmore Mudundulu	47-9 (14.55m)*	+0.9	Billy Hayes Invitational	5/1	48-10 3/4 (14.90m) (2/26/21)	47-9 (14.55m) (5/1/21)
Alexander Thompson	46-10 1/4 (14.28m)	+1.5	B1G North Florida Invitational	4/3	50-0 3/4 (15.26m) (2/8/20)	49-7 3/4 (15.13m)w (4/17/21)
Papay Glaywulu	44-7 3/4 (13.60m)	+0.9	B1G North Florida Invitational	4/3	53-6 1/4 (16.31m) (1/16/21)	53-0 3/4 (16.17m) (5/11/19)
<b>wind-aided:</b>						
Alexander Thompson	49-7 3/4 (15.13m)*	+3.1	Husker B1G Invitational	4/17	50-0 3/4 (15.26m) (2/8/20)	49-7 3/4 (15.13m)w (4/17/21)
<b>Shot Put:</b>						
Burger Lambrechts Jr.	65-7 (19.99m)*		Big Ten Outdoor Championships	5/16	67-4 3/4 (20.54m) (2/27/21)	65-7 (19.99m) (5/16/21)
Kevin Shubert	59-11 (18.26m)*		Indiana Big Ten Invitational #1	3/26	63-2 3/4 (19.27m) (1/22/21)	59-11 (18.26m) (3/26/21)
Nick Ronnfeldt	56-4 (17.17m)*		M City Classic	5/1	51-2 1/4 (15.60m) (2/21/20)	56-4 (17.17m) (5/1/21)
Kolby Heinerikson	42-4 1/4 (12.91m)*		Big Ten Outdoor Championships	5/14	41-6 (12.65m) (2/25/21)	42-4 1/4 (12.91m) (5/14/21)
Zach Podraza	40-3 1/2 (12.28m)*		Husker B1G Invitational	4/16	42-10 1/4 (13.06m) (2/7/20)	40-3 1/2 (12.28m) (4/16/21)
<b>Discus:</b>						
Burger Lambrechts Jr.	182-8 (55.68m)		Big Ten Outdoor Championships	5/15		188-5 (57.43m) (4/19/19)
Zach Morrison	167-1 (50.92m)*		Big Ten Outdoor Championships	5/15		167-1 (50.92m) (5/15/21)
Tyler Brown	161-4 (49.18m)*		Indiana Big Ten Invitational #1	3/26		161-4 (49.18m) (3/26/21)
Josh Marcy	156-6 (47.70m)*		M City Classic	4/30		156-6 (47.70m) (4/30/21)
Kevin Shubert	156-0 (47.54m)*		M City Classic	4/30		156-0 (47.54m) (4/30/21)
Kolby Heinerikson	145-5 (44.33m)*		Big Ten Outdoor Championships	5/15		145-5 (44.33m) (5/15/21)
Zach Podraza	137-7 (41.94m)*		Husker B1G Invitational	4/17		137-7 (41.94m) (4/17/21)
<b>Hammer Throw:</b>						
Zach Morrison	182-2 (55.53m)*		Fighting Illini Big Ten Relays	4/23		182-2 (55.53m) (4/23/21)
Josh Marcy	158-11 (48.44m)*		Fighting Illini Big Ten Relays	4/23		158-11 (48.44m) (4/23/21)
Nick Ronnfeldt	152-3 (46.42m)*		M City Classic	4/30		152-3 (46.42m) (4/30/21)
<b>Javelin:</b>						
Zach Podraza	218-6 (66.60m)*		B1G North Florida Invitational	4/3		218-6 (66.60m) (4/3/21)
Eric Garner	210-0 (64.00m)		B1G North Florida Invitational	4/3		210-0 (64.01m) (4/26/19)
Tyler Brown	201-1 (61.29m)*		Big Ten Outdoor Championships	5/14		201-1 (61.29m) (5/14/21)
Kolby Heinerikson	169-7 (51.69m)		B1G North Florida Invitational	4/3		177-5 (54.08m) (HS)
Cale Wagner	152-5 (46.45m)		B1G North Florida Invitational	4/3		181-10 (55.42m) (5/12/18)
<b>Decathlon:</b>						
Zach Podraza	7,331*		Big Ten Outdoor Championships	5/14/15		7,331 (5/14-15/21)
Kolby Heinerikson	6,983*		Big Ten Outdoor Championships	5/14/15		6,983 (5/14-15/21)