

# 2022 WOMEN'S OUTDOOR PERFORMANCE LIST

updated 6/13/22

Athlete	Mark	Wind	Meet	Date	Collegiate Indoor PR	Collegiate Outdoor PR
<b>100 Meters:</b>						
Emma Algarin	11.66*	+1.5	Michael Johnson Invitational	4/23		11.66 (4/23/22)
<b>200 Meters:</b>						
Emma Algarin	24.41*	+0.8	Big Ten Outdoor Championships	5/13	24.18 (2/5/22)	24.41 (5/13/22)
Kayla Hugg	24.51	+1.1	Sooner Invitational	4/16	24.58 (2/5/22)	24.11 (5/1/21)
Ramonia Clarke	24.58*	+0.0	Florida Relays	4/1	26.26 (2/13/21)	24.58 (4/1/22)
Johanna Ilves	25.61*	+1.0	Florida Relays	4/1	25.97 (1/26/19)	25.61 (4/1/22)
Kerrigan Myers	26.13*	+1.3	Big Ten Outdoor Championships	5/13	26.64 (1/22/22)	26.13 (5/13/22)
Kaitlyn Krason	27.58*	+0.1	Prairie Wolf Invite	4/28	27.43 (2/18/22)	27.58 (4/28/22)
<b>400 Meters:</b>						
Kayla Hugg	54.56		Michael Johnson Invitational	4/23	54.82o (2/27/21)	53.52 (5/1/21)
Ramonia Clarke	55.29*		Florida Relays	4/2	56.87 (2/12/22)	55.29 (4/2/22)
Nieve Walsh	59.55*		Ward Haylett Invitational	5/9		59.55 (5/9/22)
Trinity McCall	1:01.64*		John McDonnell Invitational	4/8	1:00.14 (2/6/21)	1:01.64 (4/8/22)
<b>800 Meters:</b>						
Nieve Walsh	2:15.26*		Prairie Wolf Invite	4/28		2:15.26 (4/28/22)
Kaitlynn Johnson	2:16.19		Prairie Wolf Invite	4/28	2:13.44 (2/8/19)	2:12.49 (5/1/21)
Lindsey Blehm	2:17.64		Michael Johnson Invitational	4/23	2:14.93 (2/18/22)	2:12.67 (5/1/21)
McKenna Lovehaug	2:26.03		Prairie Wolf Invite	4/28		2:23.24 (4/2/22)
Kerrigan Myers	2:44.19*		Big Ten Outdoor Championships	5/14	2:43.64o (2/27/21)	2:44.19 (5/14/22)
<b>1,500 Meters:</b>						
Jacquelyn Abanses	4:32.12*		Michael Johnson Invitational	4/22		4:32.12 (4/22/22)
Taya Skelton	4:38.88*		Michael Johnson Invitational	4/22		4:38.88 (4/22/22)
Lindsey Blehm	4:45.11		John McDonnell Invitational	4/8		4:38.30 (4/10/21)
Brynna McQuillen	4:54.31*		Michael Johnson Invitational	4/22		4:54.31 (4/22/22)
Jade Hallgrimson	4:59.10*		Prairie Wolf Invite	4/28		4:59.10 (4/28/22)
Emma Ralston	5:02.39*		Prairie Wolf Invite	4/28		5:02.39 (4/28/22)
Maddy Portwine	5:08.53*		Prairie Wolf Invite	4/28		5:08.53 (4/28/22)
<b>5,000 Meters:</b>						
Jacqueline Abanses	18:03.39*		Drake Relays	4/28		18:03.39 (4/28/22)
<b>10,000 Meters:</b>						
Erika Freyhof	33:50.38*		Stanford Invitational	4/4		33:50.38 (4/4/22)
<b>100-Meter Hurdles:</b>						
LaQwasia Stepney	13.54*	+1.9	Michael Johnson Invitational	4/22		13.54 (4/22/22)
Johanna Ilves	13.80*	+1.9	Michael Johnson Invitational	4/22		13.80 (4/22/22)
Winsome Harris	13.94	+0.6	NCAA West Preliminary Round	5/26		13.61w (4/22/22)
Kerrigan Myers	14.03	+1.5	Sooner Invitational	4/15		13.84w (4/22/22)
<b>wind-aided:</b>						
Winsome Harris	13.61*	+2.3	Michael Johnson Invitational	4/22		13.61w (4/22/22)
Kerrigan Myers	13.84*	+2.3	Michael Johnson Invitational	4/22		13.84w (4/22/22)
<b>400-Meter Hurdles:</b>						
Karlie Moore	1:01.60*		Big Ten Outdoor Championships	5/13		1:01.60 (5/13/22)
Winsome Harris	1:04.34*		Sooner Invitational	4/16		1:04.34 (4/16/22)
<b>3,000-Meter Steeplechase:</b>						
Hannah Godwin	10:39.87*		John McDonnell Invitational	4/8		10:39.87 (4/8/22)
Taya Skelton	10:41.23*		Big Ten Outdoor Championships	5/14		10:41.23 (5/14/22)
Brynna McQuillen	10:57.97*		Drake Relays	4/28		10:57.97 (4/28/22)
Audrey Freyhof	11:15.14*		Drake Relays	4/28		11:15.14 (4/28/22)
<b>4x100-Meter Relay:</b>						
Algarin, Hugg, L. Ilves, Harris	46.09		Drake Relays	4/30		43.44 (6/4/83)
<b>4x400-Meter Relay:</b>						
Hugg, Moore, Harris, Algarin	3:47.37		Big Ten Outdoor Championships	5/15		3:29.61 (6/6/02)
<b>High Jump:</b>						
Jenna Rogers	6-1 1/4 (1.86m)*		John McDonnell Invitational	4/8	6-0 3/4 (1.85m) (2/12/22)	6-1 1/4 (1.86m) (4/8/22)
Riley Masten	5-11 1/4 (1.81m)*		NCAA West Preliminary Round	5/28	5-8 1/2 (1.74m) (1/22/22)	5-11 1/4 (1.81m) (5/28/22)
Brooklyn Miller	5-9 1/4 (1.76m)*		Drake Relays	4/29	5-8 3/4 (1.75m) (1/28/22)	5-9 1/4 (1.76m) (4/29/22)
Madison Yerigan	5-9 1/4 (1.76m)		Ward Haylett Invitational	5/7	5-9 1/4 (1.76m) (2/29/20)	5-10 1/2 (1.79m) (5/1/21)
Madi Scholl	5-8 (1.73m)		Michael Johnson Invitational	4/23	5-7 1/4 (1.71m) (1/28/22)	5-8 (1.73m) (4/17/21)
Kerrigan Myers	5-5 (1.65m)*		Big Ten Outdoor Championships	5/13	5-4 1/2 (1.64m) (1/30/21)	5-5 (1.65m) (5/13/22)
<b>Pole Vault:</b>						
Andy Jacobs	13-4 1/2 (4.08m)		Big Ten Outdoor Championships	5/13	13-8 1/2 (4.18m) (2/17/17)	13-9 3/4 (4.21m) (3/29/19)
Jessica Gardner	12-10 (3.91m)		Florida Relays	4/1	13-3 1/2 (4.05m) (2/27/21)	13-8 1/4 (4.17m) (5/1/21)
Hannah Preissler	12-7 1/2 (3.85m)*		Sooner Invitational	4/16	12-2 3/4 (3.73m) (1/29/22)	12-7 1/2 (3.85m) (4/16/22)

Key  
 \* = Outdoor PR    # = school record    A = altitude    o = oversized    w = wind-aided

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Athlete	Mark	Wind	Meet	Date	Collegiate Indoor PR	Collegiate Outdoor PR
<b>Long Jump:</b>						
Lishanna Ilves	20-7 3/4 (6.29m)	+0.0	Drake Relays	4/29	20-9 1/4 (6.33m) (2/25/21)	21-10 1/4 (6.66m) (6/27/21)
LaQwasia Stepney	20-6 1/4 (6.25m)	+1.8	Michael Johnson Invitational	4/22	20-3 3/4 (6.19m) (2/18/22)	20-9 3/4 (6.34m)w (4/22/22)
Ashley McElmurry	20-3 (6.17m)	+1.8	Michael Johnson Invitational	4/22	19-10 3/4 (6.06m) (2/11/22)	20-3 1/2 (6.18m)w (4/22/22)
Zionn Pearson	19-11 3/4 (6.09m)*	+1.9	Michael Johnson Invitational	4/22	21-5 1/2 (6.54m) (2/18/22)	19-11 3/4 (6.09m) (4/22/22)
Ieva Turke	19-9 3/4 (6.04m)	+1.1	Ward Haylett Invitational	5/7	20-3 1/2 (6.18m) (2/25/21)	20-7 (6.27m) (5/12/18)
Darby Thomas	19-6 3/4 (5.96m)	+0.4	John McDonnell Invitational	4/8	21-5 1/2 (6.54m) (2/18/22)	20-9 1/4 (6.33m)w (5/27/21)
Favour Wanjoku	19-0 (5.79m)	+1.9	Michael Johnson Invitational	4/22	19-6 (5.94m) (2/11/22)	19-1 1/4 (5.82m)w (4/8/22)
Kerrigan Myers	17-6 1/4 (5.34m)	+1.5	Big Ten Outdoor Championships	5/14	17-9 3/4 (5.43m) (2/27/21)	18-3 (5.56m)w (4/17/21)
<b>wind-aided:</b>						
Lishanna Ilves	21-4 3/4 (6.52m)	+4.7	Michael Johnson Invitational	4/22	20-9 1/4 (6.33m) (2/25/21)	21-10 1/4 (6.66m) (6/27/21)
LaQwasia Stepney	20-9 3/4 (6.34m)*	+4.7	Michael Johnson Invitational	4/22	20-3 3/4 (6.19m) (2/18/22)	20-9 3/4 (6.34m)w (4/22/22)
Ashley McElmurry	20-3 1/2 (6.18m)*	+3.9	Michael Johnson Invitational	4/22	19-10 3/4 (6.06m) (2/11/22)	20-3 1/2 (6.18m)w (4/22/22)
Darby Thomas	20-1 3/4 (6.14m)	+3.1	John McDonnell Invitational	4/8	21-5 1/2 (6.54m) (2/18/22)	20-9 1/4 (6.33m)w (5/27/21)
Favour Wanjoku	19-1 1/4 (5.82m)*	+3.0	John McDonnell Invitational	4/8	19-6 (5.94m) (2/11/22)	19-1 1/4 (5.82m)w (4/8/22)
<b>Triple Jump:</b>						
Ieva Turke	42-9 3/4 (13.05m)*	+1.3	NCAA West Preliminary Round	5/28	43-0 1/2 (13.12m) (2/15/20)	42-9 3/4 (13.05m) (5/28/22)
Ashley McElmurry	42-2 1/4 (12.86m)	+0.1	Sooner Invitational	4/16	41-10 3/4 (12.77m) (2/12/22)	42-6 1/4 (12.96m)w (5/15/22)
Lishanna Ilves	41-7 1/4 (12.68m)	+1.4	John McDonnell Invitational	4/8		41-7 1/4 (12.68m) (4/8/22)
Zionn Pearson	40-1 1/2 (12.23m)	+1.5	Big Ten Outdoor Championships	5/15	41-3 (12.57m) (2/12/22)	40-4 3/4 (12.31m)w (4/3/21)
Lotavia Brown	39-2 1/2 (11.95m)*	+0.2	Sooner Invitational	4/16	40-9 (12.42m) (1/21/22)	39-2 1/2 (11.95m) (4/16/22)
Favour Wanjoku	39-1 (11.91m)	+1.8	Michael Johnson Invitational	4/23	39-4 (11.99m) (1/22/22)	40-4 1/4 (12.30m)w (4/16/22)
<b>wind-aided:</b>						
Ashley McElmurry	42-6 1/4 (12.96m)*	+4.4	Big Ten Outdoor Championships	5/15	41-10 3/4 (12.77m) (2/12/22)	42-6 1/4 (12.96m)w (5/15/22)
Favour Wanjoku	40-4 1/4 (12.30m)*	+2.3	Sooner Invitational	4/16	39-4 (11.99m) (1/22/22)	40-4 1/4 (12.30m)w (4/16/22)
<b>Shot Put:</b>						
Axelina Johansson	60-4 (18.39m)*		Big Ten Outdoor Championships	5/15	59-9 3/4 (18.23m) (2/5/22)	60-4 (18.39m) (5/15/22)
Kalynn Meyer	49-10 1/2 (15.20m)*		Big Ten Outdoor Championships	5/15	52-4 1/2 (15.96m) (2/18/22)	49-10 1/2 (15.20m)
Nya Diew	48-11 (14.91m)*		Sooner Invitational	4/15	48-0 1/2 (14.64m) (1/16/21)	48-11 (14.91m) (4/15/22)
Betty Rosvold	44-3 1/4 (13.49m)*		Sooner Invitational	4/15	43-10 3/4 (13.38m) (2/18/22)	44-3 1/4 (13.49m) (4/15/22)
Marika Spencer	44-0 1/2 (13.42m)		Sooner Invitational	4/15	48-1 1/4 (14.66m) (2/6/21)	48-10 3/4 (14.90m) (5/15/21)
Kerrigan Myers	31-7 1/4 (9.63m)		Big Ten Outdoor Championships	5/15	33-5 1/4 (10.19m) (1/28/22)	32-11 3/4 (10.05m) (5/14/21)
<b>Discus:</b>						
Kalynn Meyer	170-5 (51.94m)*		Drake Relays	4/29		170-5 (51.94m) (4/29/22)
Betty Rosvold	166-8 (50.79m)*		Sooner Invitational	4/16		166-8 (50.79m) (4/16/22)
Marika Spencer	163-11 (49.96m)		Sooner Invitational	4/16		164-1 (50.01m) (4/6/19)
Nya Diew	159-5 (48.60m)*		Arizona State Invitational	3/25		159-5 (48.60m) (3/25/22)
<b>Javelin:</b>						
Maddie Harris	189-11 (57.90m)*#		Big Ten Outdoor Championships	5/13		189-11 (57.90m) (5/13/22)
Mirta Kulisic	171-9 (52.35m)		NCAA Outdoor Championships	6/9		175-1 (53.37m) (5/26/21)
Brooklyn Miller	151-4 (46.14m)*		Michael Johnson Invitational	4/23		151-4 (46.14m) (4/23/22)
Madison Lueger	151-2 (46.07m)		Michael Johnson Invitational	4/23		154-1 (46.98m) (4/2/21)
Kerrigan Myers	103-1 (31.42m)		Big Ten Outdoor Championships	5/14		122-9 (37.41m) (4/2/22)
<b>Heptathlon:</b>						
Kerrigan Myers	4,747*		Big Ten Outdoor Championships	5/13-14		4,747 (5/13-14/22)