

HONORS AND AWARDS

Honda-Broderick Cup

2006 Sarah Pavan

U.S. Olympic Team

2020 Jordan Larson
Kelsey Robinson
Justine Wong-Orantes

2016 Kayla Banwarth
Jordan Larson
Kelsey Robinson

2012 Jordan Larson

2004 Nancy Metcalf

2000 Allison Weston (captain)

1996 Lori Endicott

1992 Lori Endicott

1988 Cathy Noth (alternate)

Canada Olympic Team

2020 Sarah Pavan (beach volleyball)

2016 Sarah Pavan (beach volleyball)

U.S. National Team

2018-20 Kadie Rolfzen

2017-20 Amber Rolfzen

2017-pres. Justine Wong-Orantes

2014-pres. Kelsey Robinson

2011-16 Kayla Banwarth

2009-pres. Jordan Larson

2007-11 Tracy Stalls

2002-12 Nancy Metcalf (Meendering)

2002-03 Greichaly Cepero

1997-00 Allison Weston

1988-96 Lori Endicott

1992-93 Stephanie Thater

1991 Val Novak

1984-88 Cathy Noth

Canada National Team

2013-pres. Sarah Pavan (beach)

2010-13 Sarah Pavan

Morgan Trophy Award

1996 Allison Weston

AVCA National Player of the Year

2006 Sarah Pavan

2005 Christina Houghttelling

2000 Greichaly Cepero

1995 Allison Weston (co-winner)

Honda Volleyball Award

2006 Sarah Pavan

2000 Greichaly Cepero

1995 Allison Weston

1986 Karen Dahlgren

Honda Volleyball Award Finalists

2016 Kadie Rolfzen

2013 Kadie Rolfzen

2013 Kelsey Robinson

2005 Melissa Elmer
Christina Houghttelling

2001 Nancy Metcalf

1998 Fiona Nepo

1994 Allison Weston

1992 Stephanie Thater

1990 Val Novak

AAU Sullivan Award Finalists

2018-19 Mikaela Foecke

2017-18 Annika Albrecht
Kelly Hunter

2016-17 Mikaela Foecke

2014-15 Kelsey Robinson

Conference Athlete of the Year

2007-08 Sarah Pavan

2006-07 Sarah Pavan

2000-01 Greichaly Cepero

1989-90 Virginia Stahr

1986-87 Annie Adamczak

NCAA Woman of the Year

2001 Angie Oxley (state winner)

1996 Billie Winsett-Fletcher

1992 Janet Kruse (state winner)

NCAA Today's Top Ten Award

2008 Sarah Pavan

2002 Nancy Metcalf (Meendering)

1992 Janet Kruse

1990 Virginia Stahr

NCAA Elite 90 Award

2021 Anni Evans

2017 Sydney Townsend

2016 Sydney Townsend

Academic All-American of the Year (All Sports)

2007-08 Sarah Pavan

2006-07 Sarah Pavan

Academic All-American of the Year (Volleyball)

2007 Sarah Pavan

2006 Sarah Pavan

2001 Nancy Metcalf (Meendering)

1991 Janet Kruse

1990 Janet Kruse

1989 Virginia Stahr

1988 Virginia Stahr

NCAA Postgraduate Scholarship

2016 Kadie Rolfzen

2008 Amanda Gates

2007 Christina Houghttelling
Sarah Pavan
Tracy Stalls

2003 Laura Pilakowski

1992 Janet Kruse

1990 Virginia Stahr

Senior CLASS Award

2018 Mikaela Foecke

2012 Gina Mancuso

World University Games

2015 Briana Holman

1999 Nancy Metcalf (Meendering)

1985 Karen Dahlgren

U.S. Collegiate National A2 Team

2022 Kaitlyn Hord

2015 Alicia Ostrander

2011 Morgan Broekhuis

2005 Christina Houghttelling
Melissa Elmer
Jennifer Saleaumua

U.S. Junior National Teams

2022 Bekka Allick

Maggie Mendelson
Lexi Rodriguez

2021 Ally Batenhorst
Lindsay Krause
Lexi Rodriguez

2016 Lexi Sun

2014 Mikaela Foecke

2013 Amber Rolfzen

2009 Morgan Broekhuis

2007 Tara Mueller

2006 Rachel Holloway

2000 Ally Rebholz
Anna Schrad

1998 Amber Holmquist

1995 Katie Jahnke
Tonia Tauke (alternate)

1994 Fiona Nepo
Lisa Avery

1985 Kathi DeBoer

1984 Cathy Noth
Karen Dahlgren

Gatorade HS National Player of the Year

2022-23 Harper Murray

2020-21 Ally Batenhorst

2016-17 Lexi Sun

2014-15 Mikaela Foecke

2008-09 Gina Mancuso

U.S. Olympic Festival

1995 Christy Johnson
Lisa Reitsma
Allison Weston
Billie Winsett

1994 Kelly Aspegren
Christy Johnson
Jen McFadden
Billie Winsett

1993 Nikki Stricker
Billie Winsett

1991 Janet Kruse
Stephanie Thater
Eileen Shannon

1990 Janet Kruse
Stephanie Thater
Eileen Shannon

1989 Janet Kruse
Val Novak
Cris Hall

1987 Virginia Stahr

1986 Lori Endicott
Virginia Stahr
Angie Millikin

1985 Lori Endicott
Enid Schonewise

1983 Cathy Noth
Sharon Kramer

AVCA Region Player of the Year

2017 Kelly Hunter

AVCA All-Region

2022 Bekka Allick first team
Kaitlyn Hord first team
Madi Kubik first team
Whitney Lauenstein first team
Lexi Rodriguez first team

2021 Kayla Caffey first team
Nicklin Hames first team
Madi Kubik first team

HONORS AND AWARDS

	Lexi Rodriguez	first team
2020	Nicklin Hames	first team
	Madi Kubik	first team
	Lauren Stivrins	first team
	Lexi Sun	first team
2019	Nicklin Hames	first team
	Madi Kubik	first team
	Lauren Stivrins	first team
	Lexi Sun	first team
2018	Mikaela Foecke	first team
	Kenzie Maloney	first team
	Lauren Stivrins	first team
2017	Annika Albrecht	first team
	Mikaela Foecke	first team
	Briana Holman	first team
	Kelly Hunter	first team
2016	Mikaela Foecke	first team
	Briana Holman	first team
	Kelly Hunter	first team
	Amber Rolfzen	first team
	Kadie Rolfzen	first team
	Justine Wong-Orantes	first team
2015	Mikaela Foecke	first team
	Kelly Hunter	first team
	Amber Rolfzen	first team
	Kadie Rolfzen	first team
	Justine Wong-Orantes	first team
2014	Kelsey Fien	first team
	Mary Pollmiller	first team
	Kadie Rolfzen	first team
2013	Meghan Haggerty	first team
	Mary Pollmiller	first team
	Kelsey Robinson	first team
	Kadie Rolfzen	first team
2012	Lauren Cook	first team
	Gina Mancuso	first team
	Hannah Werth	first team
2011	Gina Mancuso	first team
2010	Brooke Delano	first team
	Lindsey Licht	first team
	Hannah Werth	first team
2009	Sydney Anderson	first team
	Kori Cooper	first team
	Brooke Delano	first team
2008	Sydney Anderson	first team
	Kori Cooper	first team
	Jordan Larson	first team
	Tara Mueller	first team
2007	Rachel Holloway	first team
	Christina Houghtelling	first team
	Jordan Larson	first team
	Sarah Pavan	first team
	Tracy Stalls	first team
2006	Rachel Holloway	first team
	Jordan Larson	first team
	Sarah Pavan	first team
	Tracy Stalls	first team
2005	Christina Houghtelling	first team
	Melissa Elmer	first team
	Sarah Pavan	first team
	Jennifer Saleaumua	first team
2004	Melissa Elmer	first team
	Sarah Pavan	first team
	Jennifer Saleaumua	first team
2003	Melissa Elmer	first team
	Jennifer Saleaumua	first team
2002	Greichaly Cepero	first team
	Amber Holmquist	first team
	Laura Pilakowski	first team
2001	Greichaly Cepero	first team
	Amber Holmquist	first team
	Jenny Kropp	first team

	Nancy Metcalf	first team
	Laura Pilakowski	first team
2000	Greichaly Cepero	first team
	Amber Holmquist	first team
	Jenny Kropp	first team
	Laura Pilakowski	first team
1999	Nancy Metcalf (Meendering)	first team
1998	Fiona Nepo	first team
	Nancy Metcalf (Meendering)	first team
	Megan Korver	first team
1997	Lisa Reitsma	first team
	Fiona Nepo	first team
1996	Lisa Reitsma	first team
	Fiona Nepo	first team
	Megan Korver	first team
1995	Allison Weston	first team
	Christy Johnson	first team
	Billie Winsett	first team
	Lisa Reitsma	first team
1994	Allison Weston	first team
	Christy Johnson	first team
	Kelly Aspegren	first team
1993	Allison Weston	first team
	Jen McFadden	first team
1992	Stephanie Thater	first team
	Nikki Stricker	first team
1991	Janet Kruse	first team
	Cris Hall	first team
	Stephanie Thater	first team
1990	Janet Kruse	first team
	Val Novak	first team
1989	Val Novak	first team
	Virginia Stahr	first team
1988	Virginia Stahr	first team
	Lori Endicott	first team
1987	Lori Endicott	first team
	Kathi DeBoer	first team
	Virginia Stahr	first team
1986	Tisha Delaney	first team
	Enid Schonewise	first team
	Karen Dahlgren	first team
1985	Karen Dahlgren	first team
	Enid Schonewise	first team
1981	Terri Kanouse	first team
1980	Terri Kanouse	first team
	Lori Melcher	first team
	Reba Govier	first team
1979	Nancy Grant	first team

Second-Team/Honorable-Mention AVCA All-Region

2018	Nicklin Hames	honorable mention
2013	Cecilia Hall	honorable mention
2012	Meghan Haggerty	honorable mention
2011	Morgan Broekhuis	honorable mention
2011	Lauren Cook	honorable mention
2011	Hannah Werth	honorable mention
2009	Hannah Werth	honorable mention
2005	Jordan Larson	honorable mention
2004	Dani Busboom	honorable mention
1994	Billie Winsett	second team
1993	Nikki Stricker	second team
1992	Eileen Shannon	second team
1990	Cris Hall	second team
1989	Janet Kruse	second team
1989	Eileen Shannon	second team

AVCA National Freshman of the Year

2021	Lexi Rodriguez
2004	Sarah Pavan

VolleyballMag.com National Freshman of the Year

2019	Madi Kubik
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AVCA Region Freshman of the Year

2021	Lexi Rodriguez
2019	Madi Kubik
2013	Kadie Rolfzen
2009	Hannah Werth
2005	Jordan Larson
2004	Sarah Pavan
1999	Greichaly Cepero

NCAA Championship All-Tournament Team

2021	Nicklin Hames
	Madi Kubik
2018	Mikaela Foecke
	Lauren Stivrins
2017	Mikaela Foecke (Co-MOP)
	Kelly Hunter (Co-MOP)
	Kenzie Maloney
2015	Mikaela Foecke (MOP)
	Kelly Hunter
	Amber Rolfzen
	Justine Wong-Orantes
2008	Jordan Larson
2006	Sarah Pavan (MOP)
	Rachel Holloway
	Tracy Stalls
2005	Sarah Pavan
	Jennifer Saleaumua
	Melissa Elmer
2000	Greichaly Cepero (MOP)
	Amber Holmquist
	Laura Pilakowski
1996	Lisa Reitsma
1995	Allison Weston
	Christy Johnson
	Billie Winsett
	Kate Crnich
1989	Eileen Shannon
1986	Karen Dahlgren
	Tisha Delaney

NCAA Regional All-Tournament Team

2022	Ally Batenhorst
2021	Nicklin Hames (MOP)
	Lindsay Krause
	Madi Kubik
2019	Lexi Sun
	Jazz Sweet
2018	Mikaela Foecke (MOP)
	Nicklin Hames
	Lauren Stivrins
2017	Mikaela Foecke (MOP)
	Annika Albrecht
	Kelly Hunter
2016	Kadie Rolfzen (MOP)
	Kelly Hunter
	Andie Malloy
2015	Kadie Rolfzen (MOP)
	Amber Rolfzen
	Kelly Hunter
	Justine Wong-Orantes
2014	Mary Pollmiller
	Kadie Rolfzen
2013	Kelsey Robinson
	Kadie Rolfzen
2012	Gina Mancuso
	Lauren Cook
	Morgan Broekhuis
2010	Jordan Wilberger
2009	Sydney Anderson
	Kori Cooper
2008	Tara Mueller (MOP)
	Sydney Anderson

2023 NEBRASKA VOLLEYBALL

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	Jordan Larson	
	Lindsey Licht	
2007	Sarah Pavan	
	Tracy Stalls	
2006	Jordan Larson (MOP)	
	Sarah Pavan	
	Rachel Holloway	
2005	Christina Houghtelling (MOP)	
	Sarah Pavan	
	Jennifer Saleaumua	
2004	Sarah Pavan	
	Jennifer Saleaumua	
2002	Greichaly Cepero	
	Amber Holmquist	
	Laura Pilakowski	
2001	Nancy Metcalf (Meendering) (MOP)	
	Greichaly Cepero	
	Jenny Kropp	
2000	Greichaly Cepero (MOP)	
	Angie Oxley	
	Laura Pilakowski	
1999	Nancy Metcalf (Meendering)	
1998	Nancy Metcalf (Meendering) (MOP)	
	Fiona Nepo	
1997	Lisa Reitsma	
	Fiona Nepo	
1996	Lisa Reitsma (MOP)	
	Fiona Nepo	
	Megan Korver	
1995	Christy Johnson	
	Allison Weston	
	Lisa Reitsma	
1994	Christy Johnson	
	Allison Weston	
	Billie Winsett	
1991	Stephanie Thater	
	Cris Hall	
	Nikki Stricker	
1990	Val Novak	
	Cris Hall	
	Janet Kruse	
	Stephanie Thater	
1989	Virginia Stahr	
	Val Novak	
	Janet Kruse	
	Cris Hall	
1988	Lori Endicott	
1987	Lori Endicott	
	Val Novak	
1986	Karen Dahlgren	
	Enid Schonewise	
	Kathi DeBoer	
1985	Karen Dahlgren	
	Enid Schonewise	
Academic All-America		
2022	Lexi Rodriguez	third team
2020	Lexi Sun	second team
2016	Kadie Rolfzen	first team
2012	Gina Mancuso	first team
2009	Kori Cooper	first team
2008	Kori Cooper	first team
	Amanda Gates	first team
	Jordan Larson	second team
2007	Christina Houghtelling	first team
	Sarah Pavan	first team
	Tracy Stalls	first team
2006	Sarah Pavan	first team
2005	Sarah Pavan	first team
	Christina Houghtelling	first team
2003	Anna Schrad	second team
2002	Laura Pilakowski	first team

	Amber Holmquist	second team
2001	Nancy Metcalf (Meendering)	first team
	Laura Pilakowski	second team
	Greichaly Cepero	third team
2000	Laura Pilakowski	second team
1999	Nancy Metcalf (Meendering)	second team
1998	Megan Korver	third team
1996	Lisa Reitsma	third team
1995	Allison Weston	first team
	Christy Johnson	second team
1994	Allison Weston	second team
1991	Janet Kruse	first team
1990	Janet Kruse	first team
	Becky Bolli	third team
1989	Virginia Stahr	first team
	Carla Baker	second team
	Janet Kruse	third team
1988	Virginia Stahr	first team
	Lori Endicott	second team
1987	Virginia Stahr	first team
	Kathi DeBoer	second team
1986	Karen Dahlgren	first team
1985	Karen Dahlgren	first team
1984	Karen Dahlgren	honorable mention
Academic All-District		
2022	Ally Batenhorst	first team
	Anni Evans	first team
	Lindsay Krause	first team
	Lexi Rodriguez	first team
2021	Lexi Sun	second team
2020	Lexi Sun	first team
2018	Mikaela Foecke	second team
2017	Kelly Hunter	first team
	Sydney Townsend	second team
2016	Kadie Rolfzen	first team
2015	Cecilia Hall	first team
2013	Morgan Broekhuis	second team
2012	Morgan Broekhuis	second team
	Gina Mancuso	first team
2011	Gina Mancuso	second team
2009	Kori Cooper	first team
2008	Kori Cooper	first team
	Amanda Gates	first team
	Jordan Larson	first team
2007	Christina Houghtelling	first team
	Sarah Pavan	first team
	Tracy Stalls	first team
	Jordan Larson	third team
2006	Sarah Pavan	first team
	Tracy Stalls	second team
	Dani Busboom	second team
	Amanda Gates	third team
2005	Sarah Pavan	first team
	Christina Houghtelling	first team
2003	Anna Schrad	first team
2002	Amber Holmquist	first team
	Laura Pilakowski	first team
	Greichaly Cepero	second team
	Anna Schrad	second team
2001	Greichaly Cepero	first team
	Amber Holmquist	second team
	Nancy Metcalf (Meendering)	first team
	Laura Pilakowski	first team
2000	Greichaly Cepero	second team
	Jill McWilliams	first team
	Laura Pilakowski	first team
1999	Nancy Metcalf (Meendering)	first team
	Mandy Monson	first team
	Tonia Tauke	second team
1998	Megan Korver	first team
	Nancy Metcalf (Meendering)	first team

	Tonia Tauke	second team
1997	Megan Korver	second team
1996	Lisa Reitsma	first team
1995	Christy Johnson	first team
	Allison Weston	first team
	Billie Winsett	first team
1994	Allison Weston	first team
	Kelly Aspegren	first team
1993	Allison Weston	first team
	Nikki Stricker	first team
1992	Kim Tonniges	first team
	Laura Luther	first team
1991	Janet Kruse	first team
	Cris Hall	first team
1990	Janet Kruse	first team
	Becky Bolli	first team
1989	Virginia Stahr	first team
	Janet Kruse	first team
	Carla Baker	first team
1988	Virginia Stahr	first team
	Lori Endicott	first team
1987	Virginia Stahr	first team
	Kathi DeBoer	first team
1986	Karen Dahlgren	first team
1985	Karen Dahlgren	first team
	Kathi DeBoer	first team
1984	Karen Dahlgren	first team
1983	Karen Dahlgren	first team

Big 12 Postgraduate Scholarship

2008-09	Amanda Gates
2003-04	Anna Schrad

Conference Player of the Year

2013	Kelsey Robinson
2008	Jordan Larson
2007	Sarah Pavan
2006	Sarah Pavan
2005	Sarah Pavan
2002	Greichaly Cepero
	Amber Holmquist
	Laura Pilakowski
2001	Nancy Metcalf (Meendering)
2000	Greichaly Cepero
1999	Nancy Metcalf (Meendering)
1998	Fiona Nepo
1996	Lisa Reitsma
1995	Allison Weston
1994	Allison Weston
1993	Nikki Stricker
1992	Stephanie Thater
1991	Stephanie Thater
1990	Val Novak
1989	Virginia Stahr
1988	Lori Endicott
1987	Lori Endicott

Conference Setter of the Year

2017	Kelly Hunter
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Conference Defensive Player of the Year

2021	Lexi Rodriguez
2016	Justine Wong-Orantes
2015	Justine Wong-Orantes
2010	Hannah Werth
2008	Jordan Larson
2007	Christina Houghtelling
2006	Jordan Larson (tri-winner)
2005	Jennifer Saleaumua
2004	Jennifer Saleaumua (co-winner)

HONORS AND AWARDS

Conference Freshman of the Year

- 2019 Madi Kubik
- 2009 Hannah Werth
- 2005 Jordan Larson
- 2004 Sarah Pavan
- 1999 Greichaly Cepero
- 1997 Angie Oxley

Conference Newcomer of the Year

- 2010 Lauren Cook
- 2008 Sydney Anderson
- 2006 Rachel Holloway
- 1997 Katie Jahnke
- 1996 Megan Korver
- 1995 Stacie Maser (co-winner)
- 1993 Jen McFadden
- 1992 Allison Weston

Big Eight Backcourt Specialist of the Year

- 1995 Maria Hedbeck (co-winner)
- 1993 Stephanie Clerc
- 1992 Christy Johnson

All-Conference

Big Ten

- 2022 Madi Kubik first team
- Lexi Rodriguez first team
- Bekka Allick second team
- Kaitlyn Hord second team
- 2021 Madi Kubik first team
- Lexi Rodriguez first team
- Lauren Stivrins first team
- Nicklin Hames second team
- 2020 Nicklin Hames first team
- Lauren Stivrins first team
- Lexi Sun first team
- 2019 Nicklin Hames first team
- Lauren Stivrins first team
- Lexi Sun first team
- Madi Kubik second team
- 2018 Mikaela Foecke first team
- Kenzie Maloney first team
- Lauren Stivrins first team
- 2017 Annika Albrecht first team
- Mikaela Foecke first team
- Kelly Hunter first team
- Briana Holman honorable mention
- 2016 Kelly Hunter first team
- Amber Rolfzen first team
- Kadie Rolfzen first team
- Justine Wong-Orantes first team
- Mikaela Foecke honorable mention
- Briana Holman honorable mention
- 2015 Amber Rolfzen first team
- Kadie Rolfzen first team
- Justine Wong-Orantes honorable mention
- 2014 Kelsey Fien first team
- Kadie Rolfzen first team
- Mary Pollmiller honorable mention
- 2013 Kelsey Robinson first team
- Kadie Rolfzen first team
- Mary Pollmiller honorable mention
- 2012 Lauren Cook first team
- Gina Mancuso first team
- Hannah Werth first team
- 2011 Lauren Cook first team
- Gina Mancuso first team
- Hannah Werth first team
- Morgan Broekhuis honorable mention
- Brooke Delano honorable mention

Big 12

- 2010 Brooke Delano first team
- Lindsey Licht first team
- Hannah Werth first team
- Kayla Banwarth honorable mention
- 2009 Sydney Anderson first team
- Kori Cooper first team
- Brooke Delano first team
- Hannah Werth honorable mention
- Kayla Banwarth honorable mention
- 2008 Sydney Anderson first team
- Kori Cooper first team
- Jordan Larson first team
- Tara Mueller first team
- Amanda Gates honorable mention
- 2007 Rachel Holloway first team
- Christina Houghtelling first team
- Jordan Larson first team
- Sarah Pavan first team
- Tracy Stalls first team
- 2006 Rachel Holloway first team
- Jordan Larson first team
- Sarah Pavan first team
- Tracy Stalls first team
- 2005 Sarah Pavan first team
- Melissa Elmer first team
- Christina Houghtelling first team
- Jennifer Saleaumua honorable mention
- Jordan Larson honorable mention
- 2004 Sarah Pavan first team
- Melissa Elmer first team
- Jennifer Saleaumua first team
- 2003 Melissa Elmer first team
- Jennifer Saleaumua first team
- 2002 Greichaly Cepero first team
- Amber Holmquist first team
- Laura Pilakowski first team
- Jennifer Saleaumua first team
- 2001 Greichaly Cepero first team
- Amber Holmquist first team
- Jenny Kropp first team
- Nancy Metcalf (Meendering) first team
- Laura Pilakowski first team
- 2000 Greichaly Cepero first team
- Amber Holmquist first team
- Jenny Kropp first team
- Angie Oxley honorable mention
- Laura Pilakowski first team
- 1999 Nancy Metcalf (Meendering) first team
- Greichaly Cepero first team
- Angie Oxley honorable mention
- Amber Holmquist honorable mention
- 1998 Fiona Nepo first team
- Nancy Metcalf (Meendering) first team
- Megan Korver first team
- Jaime Krondak honorable mention
- 1997 Lisa Reitsma first team
- Fiona Nepo first team
- 1996 Lisa Reitsma first team
- Fiona Nepo first team
- Kate Crnich first team
- Megan Korver first team
- Big Eight
- 1995 Christy Johnson first team
- Lisa Reitsma first team
- Allison Weston first team
- Billie Winsett first team
- 1994 Kelly Aspegren first team
- Christy Johnson first team
- Allison Weston first team
- Billie Winsett second team
- 1993 Allison Weston first team

- Nikki Stricker first team
- Jen McFadden second team
- 1992 Stephanie Thater first team
- Eileen Shannon first team
- Nikki Stricker first team
- Laura Luther second team
- Allison Weston honorable mention
- 1991 Janet Kruse first team
- Stephanie Thater first team
- Cris Hall first team
- Eileen Shannon second team
- Nikki Stricker second team
- Laura Luther honorable mention
- 1990 Val Novak first team
- Janet Kruse first team
- Cris Hall first team
- Stephanie Thater first team
- 1989 Virginia Stahr first team
- Val Novak first team
- Janet Kruse first team
- Eileen Shannon first team
- 1988 Virginia Stahr first team
- Val Novak first team
- Lori Endicott first team
- Linda Barsness second team
- Carla Baker honorable mention
- 1987 Lori Endicott first team
- Virginia Stahr first team
- Kathi DeBoer first team
- Val Novak honorable mention
- 1986 Karen Dahlgren first team
- Enid Schonewise first team
- Tisha Delaney first team
- Kathi DeBoer second team
- Virginia Stahr second team
- Lori Endicott honorable mention
- 1985 Annie Adamczak first team
- Tisha Delaney first team
- Karen Dahlgren first team
- Kathi DeBoer second team
- Sharon Kramer second team
- 1984 Cathy Noth first team
- Karen Dahlgren first team
- Mary Buysse first team
- Julie Hermann first team
- Annie Adamczak second team
- 1983 Cathy Noth first team
- Erin Dean first team
- Sharon Kramer first team
- Mary Buysse second team
- Karen Dahlgren second team
- 1982 Cathy Noth first team
- Erin Dean first team
- Gwen Egbert first team
- Mary Buysse second team

All-Big Ten Freshman Team

- 2022 Bekka Allick
- 2021 Lindsay Krause
- Lexi Rodriguez
- 2019 Kenzie Knuckles
- Madi Kubik
- 2018 Nicklin Hames
- Callie Schwarzenbach
- 2017 Lauren Stivrins
- Jazz Sweet
- 2015 Mikaela Foecke
- 2013 Kadie Rolfzen
- 2012 Meghan Haggerty



2023 NEBRASKA VOLLEYBALL

HONORS AND AWARDS

AVCA National Player of the Week

2017	Annika Albrecht	9/26
2016	Amber Rolfzen	10/25
2013	Kelsey Robinson	10/8
2011	Hannah Werth	11/22
2009	Sydney Anderson	11/10
2008	Jordan Larson	9/23
2007	Sarah Pavan	8/27
2005	Christina Houghtelling	8/29
2004	Sarah Pavan	11/29
2002	Amber Holmquist	11/25
	Greichaly Cepero	12/2
2001	Amber Holmquist	9/10
1994	Kelly Aspegren	9/6
	Allison Weston	10/31
1993	Allison Weston	9/20

espnW National Player of the Week

2017	Annika Albrecht	9/26
2016	Briana Holman	8/31
	Amber Rolfzen	10/26
2015	Justine Wong-Orantes	10/7

Conference Player of the Week

Big Ten

2022	Lexi Rodriguez (Co-Defensive)	10/10
	Bekka Allick (Freshman)	10/17
	Bekka Allick (Freshman)	10/24
	Madi Kubik (Player)	11/21
2021	Lexi Rodriguez (Freshman)	8/30
	Kayla Caffey (Defensive)	9/6
	Lindsay Krause (Freshman)	9/27
	Madi Kubik (Player)	10/11
	Nicklin Hames (Setter)	10/11
	Lexi Rodriguez (Freshman)	10/11
	Madi Kubik (Player)	10/18
	Nicklin Hames (Setter)	10/18
	Lexi Rodriguez (Defensive)	10/18
	Lexi Rodriguez (Freshman)	10/18
	Lexi Rodriguez (Defensive)	11/15
	Lexi Rodriguez (Freshman)	11/29
2020	Lexi Sun (Player)	3/8
	Lexi Sun (Player)	3/22
2019	Kenzie Knuckles (Freshman)	9/3
	Madi Kubik (Player)	10/21
	Madi Kubik (Freshman)	10/21
	Kenzie Knuckles (Co-Defensive)	11/4
	Madi Kubik (Freshman)	11/18
2018	Mikaela Foecke (Co-Player)	9/10
	Callie Schwarzenbach (Defensive)	9/17
	Mikaela Foecke (Co-Player)	9/24
	Nicklin Hames (Co-Freshman)	9/24
	Lauren Stivrins (Co-Player)	10/1
	Lauren Stivrins (Defensive)	11/5
	Mikaela Foecke (Player)	11/12
	Nicklin Hames (Freshman)	11/12
	Mikaela Foecke (Co-Player)	11/26
	Lauren Stivrins (Co-Defensive)	11/26
2017	Briana Holman (Defensive)	9/5
	Kelly Hunter (Setter)	9/11
	Annika Albrecht (Player)	9/25
	Kelly Hunter (Setter)	9/25
	Mikaela Foecke (Player)	10/30
2016	Kelly Hunter (Co-Setter)	8/29
	Kelly Hunter (Setter)	9/26
	Amber Rolfzen (Defensive)	10/10
	Kadie Rolfzen (Player)	10/17
	Amber Rolfzen (Player)	10/24
	Kelly Hunter (Setter)	10/24
	Justine Wong-Orantes (Defensive)	10/24
	Amber Rolfzen (Co-Defensive)	11/7
	Kelly Hunter (Setter)	11/7

2015	Kelly Hunter (Setter)	8/31
	Mikaela Foecke (Freshman)	9/14
	Kadie Rolfzen (Defensive)	9/21
	Mikaela Foecke (Freshman)	9/21
	Justine Wong-Orantes (Defensive)	10/5
	Amber Rolfzen (Defensive)	10/12
	Justine Wong-Orantes (Defensive)	10/19
	Kadie Rolfzen (Player)	11/2
	Amber Rolfzen (Defensive)	11/2
	Kelly Hunter (Setter)	11/23
	Amber Rolfzen (Defensive)	11/30
2014	Mary Pollmiller (Setter)	11/3
	Kelsey Fien (Player)	11/10
	Meghan Haggerty (Defensive)	11/10
	Amber Rolfzen (Player)	11/24
	Cecilia Hall (Defensive)	11/24
2013	Amber Rolfzen (Freshman)	9/16
	Mary Pollmiller (Setter)	9/30
	Kelsey Robinson (Player)	10/7
	Meghan Haggerty (Defensive)	10/7
	Amber Rolfzen (Freshman)	10/7
	Mary Pollmiller (Setter)	10/28
	Kadie Rolfzen (Freshman)	10/28
	Kelsey Robinson (Player)	11/4
	Cecilia Hall (Defensive)	11/4
	Kadie Rolfzen (Freshman)	11/4
	Kelsey Robinson (Player)	11/11
	Mary Pollmiller (Setter)	11/11
	Kelsey Robinson (Player)	11/18
	Mary Pollmiller (Setter)	11/18
2012	Lauren Cook (Offensive, Setter)	8/27
	Meghan Haggerty (Freshman)	9/4
	Meghan Haggerty (Freshman)	9/10
	Lauren Cook (Setter)	10/8
	Meghan Haggerty (Freshman)	10/29
	Hayley Thrasher (Defensive)	11/12
2011	Gina Mancuso (Offensive)	9/26
	Hannah Werth (Offensive)	10/17
	Hannah Werth (Offensive)	11/21
Big 12		
2010	Lindsey Licht (Offensive)	8/28
	Kayla Banwarth (Defensive)	9/13
	Brooke Delano (Offensive)	9/13
	Brooke Delano (Defensive)	9/27
2009	Hannah Werth (Rookie)	9/8
	Hannah Werth (Rookie)	9/28
	Hannah Werth (Rookie)	10/12
	Kayla Banwarth (Defensive)	10/19
	Hannah Werth (Rookie)	10/19
	Sydney Anderson (Offensive)	11/9
	Hannah Werth (Rookie)	11/9
	Kayla Banwarth (Defensive)	11/23
	Hannah Werth (Rookie)	11/30
2008	Sydney Anderson (Rookie)	9/2
	Sydney Anderson (Rookie)	9/8
	Jordan Larson (Offensive)	9/22
	Sydney Anderson (Rookie)	9/22
	Jordan Larson (Offensive)	10/27
	Amanda Gates (Defensive)	10/27
	Sydney Anderson (Rookie)	10/27
	Sydney Anderson (Rookie)	11/17
2007	Sarah Pavan (Offensive)	8/27
	Christina Houghtelling (Defensive)	8/27
	Jordan Larson (Defensive)	10/22
	Sarah Pavan (Offensive)	11/5
	Tracy Stalls (Offensive)	11/19
	Tracy Stalls (Offensive)	11/26
2006	Sarah Pavan	9/11
	Jordan Larson	10/9
	Rachel Holloway	10/16
	Sarah Pavan	10/20
2005	Christina Houghtelling	8/29

	Melissa Elmer	10/10
	Jordan Larson	10/17
	Sarah Pavan	11/14
2004	Sarah Pavan	9/27
	Jennifer Saleaumua	10/25
	Sarah Pavan	11/29
2003	Melissa Elmer	10/13
2002	Greichaly Cepero	12/2
	Amber Holmquist	11/25
	Laura Pilakowski	10/21
2001	Nancy Metcalf (Meendering)	9/1
	Amber Holmquist	9/10
	Nancy Metcalf (Meendering)	10/1
	Greichaly Cepero	10/29
2000	Greichaly Cepero	10/1
	Greichaly Cepero	11/3
	Amber Holmquist	10/23
	Amber Holmquist	11/16
	Laura Pilakowski	9/4
1999	Nancy Metcalf (Meendering)	9/6
1998	Fiona Nepo	9/14
	Fiona Nepo	10/19
	Nancy Metcalf (Meendering)	11/20
1997	Lisa Reitsma	10/8
1996	Lisa Reitsma	10/13
	Lisa Reitsma	10/20
	Megan Korver	11/24
	Lisa Reitsma	12/1
Big Eight		
1995	Lisa Reitsma	9/12
	Lisa Reitsma	10/10
	Allison Weston	10/25
	Allison Weston	10/31
	Lisa Reitsma	11/7
	Lisa Reitsma	11/14
1994	Kelly Aspegren	9/5
	Jen McFadden	9/17
	Allison Weston	10/24
	Allison Weston	10/31
	Billie Winsett	11/21
1993	Nikki Stricker	9/13
	Allison Weston	9/20
	Nikki Stricker	11/2
	Allison Weston	11/22
1992	Stephanie Thater	9/21
	Stephanie Thater	9/28
	Eileen Shannon	11/10
1991	Stephanie Thater	9/1
	Stephanie Thater	9/15
	Eileen Shannon	10/6
	Janet Kruse	10/27
	Nikki Stricker	11/3
	Nikki Stricker	11/17
1990	Val Novak	9/10
	Val Novak	9/17
	Cris Hall	10/1
	Janet Kruse	11/5
	Stephanie Thater	11/12
	Janet Kruse	11/19
1989	Val Novak	9/12
	Janet Kruse	11/26
	Virginia Stahr	10/10
	Janet Kruse	10/17
	Eileen Shannon	10/31
	Virginia Stahr	11/6
	Carla Baker	11/13
1988	Lori Endicott	9/6
	Virginia Stahr	9/27
	Val Novak	10/11
	Virginia Stahr	10/18
	Linda Barsness	11/8
	Carla Baker	11/15

HONORS AND AWARDS

	Lori Endicott	11/22
1987	Kathi DeBoer	9/9
	Lori Endicott	9/29
	Virginia Stahr	10/6
	Carla Baker	10/13
	Virginia Stahr	10/27
1986	Tisha Delaney	9/16
	Karen Dahlgren	9/23
	Enid Schonewise	9/30
	Karen Dahlgren	10/14
	Virginia Stahr	10/28
1985	Annie Adamczak	9/9
	Annie Adamczak	9/17
	Karen Dahlgren	9/1
	Karen Dahlgren	10/22
	Kathi DeBoer	11/12

Big Ten Sportsmanship Award

2022	Anni Evans
2021	Kayla Caffey
2020	Hayley Densberger
2019	Anezka Szabo
2018	Brooke Smith
2017	Sydney Townsend
2016	Brooke Smith
2015	Sydney Townsend
2014	Mary Pollmiller
2013	Morgan Broekhuis
2012	Allison McNeal
2011	Brigette Root

Big Ten Distinguished Scholar

2020	Hayley Densberger
2018	Hayley Densberger
	Mikaela Foecke
	Brooke Smith
2017	Annika Albrecht
	Allie Havers
	Sydney Townsend
2016	Sydney Townsend
2015	Kadie Rolfzen
	Sydney Townsend
2014	Cecilia Hall
2013	Cecilia Hall
2012	Morgan Broekhuis
	Allison McNeal
	Hayley Thramer
2011	Morgan Broekhuis
	Brigette Root
	Hayley Thramer
	Jordan Wilberger

Academic All-Conference**Big Ten**

2022	Ally Batenhorst
	Anni Evans
	Nicklin Hames
	Kaitlyn Hord
	Kenzie Knuckles
	Lindsay Krause
	Madi Kubik
	Whitney Lauenstein
	Kennedi Orr
	Lexi Rodriguez
2021	Keonilei Akana
	Kayla Caffey
	Anni Evans
	Nicklin Hames
	Kenzie Knuckles
	Madi Kubik
	Kalynn Meyer
	Callie Schwarzenbach

	Lexi Sun
2020	Hayley Densberger
	Nicole Drewnick
	Emma Gabel
	Nicklin Hames
	Kenzie Knuckles
	Madi Kubik
	Callie Schwarzenbach
	Lexi Sun
	Jazz Sweet
	Riley Zuhn
2019	Chen Abramovich
	Hayley Densberger
	Nicklin Hames
	Megan Miller
	Callie Schwarzenbach
	Lexi Sun
	Jazz Sweet
	Anezka Szabo

2018	Hayley Densberger
	Mikaela Foecke
	Sami Slaughter
	Brooke Smith
	Jazz Sweet
	Anezka Szabo
2017	Annika Albrecht
	Mikaela Foecke
	Allie Havers
	Briana Holman
	Kelly Hunter
	Kenzie Maloney
	Sydney Townsend

2016	Annika Albrecht
	Olivia Boender
	Mikaela Foecke
	Briana Holman
	Kelly Hunter
	Amber Rolfzen
	Kadie Rolfzen
	Brooke Smith
	Sydney Townsend
	Justine Wong-Orantes

2015	Annika Albrecht
	Olivia Boender
	Cecilia Hall
	Kelly Hunter
	Amber Rolfzen
	Kadie Rolfzen
	Sydney Townsend
	Justine Wong-Orantes

2014	Cecilia Hall
	Alexa Ethridge
	Kelly Hunter
	Melanie Keil
	Kira Larson
	Mary Pollmiller
	Amber Rolfzen
	Kadie Rolfzen
	Justine Wong-Orantes

2013	Morgan Broekhuis
	Meghan Haggerty
	Cecilia Hall
	Hayley Thramer
	Sheridan Zarda

2012	Morgan Broekhuis
	Lauren Cook
	Cecilia Hall
	Allison McNeal
	Hayley Thramer
	Hannah Werth

2011	Morgan Broekhuis
	Lauren Cook

Gina Mancuso
Brigette Root
Hayley Thramer
Jordan Wilberger

Big 12

2010	Lindsey Licht	first team
	Gina Mancuso	first team
	Allison McNeal	first team
	Jordan Wilberger	first team
	Kayla Banwarth	second team
2009	Kori Cooper	first team
	Jordan Wilberger	first team
	Kayla Banwarth	second team
2008	Kori Cooper	first team
	Amanda Gates	first team
	Jordan Larson	first team
	Rachel Schwartz	first team
2007	Kori Cooper	first team
	Maggie Griffin	first team
	Christina Houghtelling	first team
	Jordan Larson	first team
	Sarah Pavan	first team
	Rachel Schwartz	first team
	Tracy Stalls	first team
2006	Dani Busboom	first team
	Amanda Gates	first team
	Maggie Griffin	first team
	Jordan Larson	first team
	Dani Mancuso	first team
	Sarah Pavan	first team
	Rachel Schwartz	first team
	Tracy Stalls	first team
2005	Dani Busboom	first team
	Christina Houghtelling	first team
	Dani Mancuso	first team
	Sarah Pavan	first team
	Tracy Stalls	first team
	Melissa Elmer	second team
2004	Dani Busboom	first team
	Melissa Elmer	second team
	Kelsey Fautsch	first team
	Christina Houghtelling	first team
	Michelle Lynch	first team
	Amanda McCormick	first team
	Dani Mancuso	first team
2003	Jenae Dowling	first team
	Kelsey Fautsch	first team
	Michelle Lynch	first team
	Anna Schrad	first team
	Sara Westling	first team
2002	Greichaly Cepero	first team
	Jenae Dowling	first team
	Amber Holmquist	first team
	Laura Pilakowski	first team
	Anna Schrad	first team
	Sara Westling	first team
	Lindsay Wischmeier	first team
2001	Greichaly Cepero	first team
	Jenae Dowling	first team
	Jenny Kropp	first team
	Amber Holmquist	first team
	Nancy Metcalf (Meendering)	first team
	Laura Pilakowski	first team
	Anna Schrad	first team
	Sara Westling	second team
	Lindsay Wischmeier	first team
2000	Greichaly Cepero	first team
	Amber Holmquist	first team
	Jenny Kropp	second team
	Angie Oxley	first team
	Jill McWilliams	first team
	Laura Pilakowski	first team

HONORS AND AWARDS

	Lindsay Wischmeier	first team	Becky Bolli	honor roll
1999	Kim Crandall	first team	Cris Hall	honor roll
	Nikki Henk	first team	1988 Virginia Stahr	first team
	Katie Jahnke	first team	Lori Endicott	first team
	Jill McWilliams	first team	Carla Baker	first team
	Nancy Metcalf (Meendering)	first team	Linda Barsness	honor roll
	Mandy Monson	first team	Angie Millikin	honor roll
	Angie Oxley	first team	1987 Virginia Stahr	first team
	Tonia Tauke	first team	Carla Baker	first team
1998	Katie Jahnke	first team	Kathi DeBoer	first team
	Megan Korver	first team	Lori Endicott	honor roll
	Denise Koziol	first team	1986 Virginia Stahr	first team
	Nancy Metcalf (Meendering)	first team	Karen Dahlgren	first team
	Mandy Monson	first team	Kathi DeBoer	first team
	Fiona Nepo	first team	Enid Schonewise	honor roll
	Angie Oxley	first team	1985 Karen Dahlgren	first team
	Tonia Tauke	first team	Annie Adamczak	first team
	Jaime Krondak	honorable mention	Michelle Smith	first team
1997	Katie Jahnke	first team	Kathi DeBoer	honor roll
	Megan Korver	first team	1984 Karen Dahlgren	first team
	Denise Koziol	first team	Cathy Noth	first team
	Mandy Monson	first team	Mary Buysse	honor roll
	Renee Saunders	first team	Michelle Smith	honor roll
	Tonia Tauke	first team	Annie Adamczak	honor roll
	Fiona Nepo	honorable mention	1983 Karen Dahlgren	first team
	Lisa Reitsma	honorable mention	Mary Buysse	honor roll
1996	Lisa Avery	first team		
	Stacie Maser	first team		
	Maria Hedbeck	first team		
	Lisa Reitsma	honorable mention		
Big Eight				
1995	Christy Johnson	first team		
	Stacie Maser	first team		
	Lisa Reitsma	first team		
	Allison Weston	first team		
	Billie Winsett	first team		
	Maria Hedbeck	honor roll		
	Kim Legg	honor roll		
	Jen McFadden	honor roll		
1994	Kelly Aspegren	first team		
	Christy Johnson	first team		
	Jen McFadden	first team		
	Allison Weston	first team		
	Billie Winsett	first team		
	Stephanie Clerc	honor roll		
	Maria Hedbeck	honor roll		
	Peggy Meyer	honor roll		
1993	Nikki Stricker	first team		
	Kelly Aspegren	first team		
	Billie Winsett	first team		
	Allison Weston	first team		
	Peggy Meyer	honor roll		
	Kim Tonniges	honor roll		
1992	Laura Luther	first team		
	Christy Johnson	first team		
	Nikki Stricker	first team		
	Kim Tonniges	first team		
	Debbie Brand	honor roll		
	Peggy Meyer	honor roll		
	Tami Thompson	honor roll		
1991	Janet Kruse	first team		
	Cris Hall	first team		
	Nikki Stricker	first team		
	Laura Luther	honor roll		
1990	Janet Kruse	first team		
	Linda Barsness	first team		
	Cris Hall	first team		
	Becky Bolli	first team		
	Debbie Brand	honor roll		
1989	Janet Kruse	first team		
	Virginia Stahr	first team		
	Carla Baker	first team		